



2008-09 MEN'S TRACK AND CROSS COUNTRY

TABLE OF CONTENTS

2008 Cross Country Outlook	2
2008-09 Track Outlook	3
Head Coach/Director of Track & Field	4
Assistant Coach	5
Finnesey Field	5
The Hawk	5
2008-09 Roster	6
Captains	7
Seniors	8
Juniors	9-10
Sophomores	10-11
Newcomers	12-13
2007 Cross Country Review	14
2007-08 Track Review	15
2007-08 Statistics	16
Atlantic 10 Conference	17
Atlantic 10 Championships	18
Cross Country Record Book	19
Track Record Book	20-21
IC4A Scorers	22
All-Time Roster	23-26
Administration	27
Saint Joseph's University	28

QUICK FACTS

The University

Location Philadelphia, Pa. 19131
 Founded 1851
 Enrollment 4,515
 Denomination Roman Catholic (Jesuit)
 Nickname Hawks
 Colors Crimson and Gray
 Athletic Affiliation NCAA Division I
 Conference Atlantic 10
 Home Track Finnesey Field

The Team

Head Coach Mike Glavin (Saint Joseph's '78)
 Cross Country/Track Office 610-660-1731
 Graduate Assistant Teddy Meyers (Saint Joseph's '07)
 Cross Country Captains Kyle Murray, Will Rowland
 Track Captains Bobby Staten, Steve Young
 Cross Country Letterwinners Returning/Lost 15/3
 Track Letterwinners Returning/Lost 27/8
 2006 Atlantic 10 Cross Country Finish 5th
 2007 Atlantic 10 Indoor Track Finish 7th
 2007 Atlantic 10 Outdoor Track Finish 8th

WWW.SJUHAWKS.COM



www.sjuhawks.com

CREDITS

The 2008-09 Saint Joseph's University Men's Track and Cross Country Media Guide was designed by Jeremy Schuyler Fallis and Jack Jumper. It was written and edited by Jeremy Schuyler Fallis. Editorial assistance was provided by Jack Jumper, Joe Greenwich, and Marie Wozniak. Photography by Greg Carroccio of Sideline Photos, LLC, Dr. Samuel Getty and the Charlotte Sports Information staff.



2008 CROSS COUNTRY PREVIEW

As head coach **Mike Glavin** embarks on his 20th year at the helm of the Saint Joseph's men's cross country team, he looks infuse a batch of newcomers with a steady core of veterans ready for success.

Returning for a second year of assistantship is former Hawk **Teddy Meyers**. Meyers is instrumental in the recruiting and training effort for the program as well as being able to connect with the athletes as a former harrier and captain under Glavin.

Leading the charge are cross country co-captains **Kyle Murray** and **Will Rowland**. The two are both former All-Atlantic 10 performers as Murray finished ninth in 2007 and Rowland 15th in 2005. Both will be instrumental to the cause of lifting the squad above its fifth-place conference finish a year ago.

There will be plenty of other senior leadership at the top of the depth chart with **Steve Young**, **Justin Heinze**, and **Brendan Kearney**. Heinze is a natural distance runner made for cross country, while Young and Kearney are from middle distance backgrounds as All-Conference track athletes, but are ready to step up to the cross country distance.

Jimmy Jennings, **Chris Savino**, **Jonathan Sclafani** and **George Wittmann** comprise the junior class. Sclafani will make the biggest impact, placing himself amongst the top five consistently throughout the year. Jennings and Wittmann made the biggest gains in 2007 and look to repeat those gains this year.



Cross country co-captain Will Rowland

A group of six returning sophomores provide a spark to SJU, highlighted by **Brian Guterl**, **Ryan Fenimore**, and **Luke Fischer**, all of whom should figure into the varsity seven. The trio gained on-the-job training last year, especially Guterl who placed in the top three consistently during the year and is expected to do so again in 2008.

Jesse Brooks, **Vince Collins** and **Kevin Donnelly** will use last year's experiences to help them to improve and give them an outside shot of reaching the group of varsity athletes.

The Hawks welcome a large class of newcomers to the fold—nine altogether. The gem in the lineup is **Kevin McDonnell**, a standout from Mooretown, New Jersey. Joining McDonnell will be sophomores **George Arcarola**, who ran track for Saint Joseph's last year, and transfer **Matthew Golia**, competing in his first collegiate season.

Freshmen **Ryan Birchmeier**, **Adam Drastura**, **David Evans**, **Logan Hohs**, **George Johnson**, **Murphy O'Donnell** and **Ian O'Hara** will be put into action early and often, providing Glavin with a wealth of depth from which to choose from.

A challenging schedule sends the Hawks to nationally-competitive meets at Iona, Lehigh, and Princeton from late September through mid-October. Saint Joseph's will race the Atlantic 10 Championship at Charlotte on November 1 before closing out the season with the NCAA Mid-Atlantic Regional at Princeton and the IC4A Championships in New York.



Sophomore Brian Guterl

The Hawk Will Never Die!

2008-09 TRACK & FIELD PREVIEW



Returning 27 athletes and adding another 24 creates a unique project for 20th-year head coach, **Mike Glavin**. Joining him again in his quest to bring home SJU's first Atlantic 10 track title is graduate assistant **Teddy Meyers**.

The Hawks will find their leadership in co-captains **Bobby Staten** and **Steve Young**.

Staten's natural ability is unlike many within the conference, but injuries have plagued him since he arrived on Hawk Hill. The redshirt-senior looks to assert himself again as one of the top sprinters in the conference.

On the other hand, Young emerged in 2008 as one of the top middle distance threats in the region, qualifying for the IC4A Championships in five events (indoor 1,000m, 4x800m, and DMR; outdoor 800m and 4x800m). Young will attempt to surpass great expectations as the 2008-09 track season rolls along.

Important leadership roles will also be filled by cross country/long distance captains **Kyle Murray** and **Will Rowland**. Both athletes were IC4A qualifiers representing the 5K and 10K events, respectively.

The quartet of captains are joined by fellow seniors **Tom Gonzalez** in sprints, **Justin Heinze** in distance and **Brendan Kearney** in middle distance. Kearney looks to bounce back from a 2008 season in which he was unable to defend his 1,000m A-10 crown.

Leading the junior class in the sprinting ranks **Redshirt senior and track co-captain Bobby Staten** and **Steve Philbrook**.

Brandt is the top 400m sprinter on the team, while Philbrook consistently improving his trade in the 400m Intermediate Hurdles.

The other remaining juniors – **Joseph Glasnovich**, **Jimmy Jennings**, **Chris Savino**, **Jonathan Sclafani**, and **George Wittmann** – all look to make a difference on the squad in the middle distance and long distance events.

A solid and talented group of sophomores provide Glavin with sufficient depth for the championship meets in most facets of the sport, especially relays.

George Arcarola, **Jesse Brooks**, **Ryan Fenimore**, **Luke Fischer**, **Brian Guterl**, **Christopher Lau**, **Jared Sabre**, and **Brian Smith** were featured as the core of the 4x400m, 4x800m, and Distance Medley Relays. The 4x800m and Distance Medley were both indoor IC4A qualifiers, while the 4x800m was an outdoor participant as well.

Rising sophomores looking to get themselves into a more competitive fold

are **Vince Collins** and, **Kevin Donnelly** in distance; **Jimmy McCue** and **Roland Tilar** in long sprints.

The batch of newcomers arriving on Hawk Hill provides the coaching staff with plenty of new options. For starters, SJU will feature jumpers for the first time in three years as freshmen **Davion Clanton**, **Victor DiNoia** and **John DiPersio** add to the category.

The sprint crew receives new blood in the form of freshmen **Nick DeFeo**, **Tom DiNatale**, **Michael Gallagher**, **Sebastian Mejia**, **Evan Mitos**, **Kevin Myslinski**, **David Smith**, and **Dylan Wenik**.

The middle distance lineup is bolstered by freshmen **Steve Dolan**, **Adam Drastura**, **Logan Hohs**, **Jim McCoog**, **Murphy O'Donnell**, **Ian O'Hara**, **Royce Scrivano**, and **Ray Weir**.

Receiving an enormous boost will be the long distance sector, which will be led by high school All-American **Kevin McDonnell**, who is joined by sophomore transfer **Matthew Golia**, and freshmen **Ryan Birchmeier**, **David Evans**, and **George Johnson**.

In all, 50 athletes are at Glavin's disposal for the two track seasons, which starts in December at the opening Lafayette Invitational.

The new year kicks off with three one-day meets at Penn State (Jan. 10), New York's Armory (Jan. 16) and Ursinus (Jan. 23).

The PSU National Invitational (Jan. 30-31), the Giegengack Invitational at Yale (Feb. 6-7) and another trip to The Armory for the Lafayette-Rider meet (Feb. 6) provide ample opportunities for the athletes leading into the A-10 Championships.

The two-day Atlantic 10 meet takes place once again at Rhode Island on Feb. 20-21, followed by the NYU Fastrack meet on Feb. 27 and ECACs on Mar. 7-8.

The Hawks head outdoors to the Leopard Invitational at Lafayette (Mar. 28) before traveling south to Virginia for two meets: the Colonial Relays (Apr. 3-4) and Onesty Invitational (Apr. 11).

Princeton's Larry Ellis Invitational (Apr. 17-18) and the prestigious Penn Relays (Apr. 23-25) lead up to the A-10 Outdoor Championships at Charlotte (May 2-3).

Saint Joseph's will participate in the Swarthmore Last Chance meet on May 11 before the ECAC Championships May 15-17 at Princeton.

There will be few shortcomings for the track seasons as SJU's largest men's team looks to be Saint Joseph's most successful team come 2009.



Sophomore sprinter Christopher Lau



HEAD COACH



Mike Glavin **Head Coach – 20th Year** **Saint Joseph's '78**

Mike Glavin, a 1978 graduate of SJU, is in his 20th year as head men's cross country and track coach. The 1992, 1998 and 2000 Atlantic 10 Men's Cross Country Coach of the Year, Glavin has led the men to three A-10 Championship titles. Under his watchful eye, the Hawks have produced 30 All-Conference harriers and two NCAA qualifiers.

Glavin returned to his alma mater after a highly successful 10-year stint as track and cross country coach at Paul VI High School in Haddonfield, N.J. During his tenure there, he led the cross country team to a phenomenal 110-0 record, including three state championships in 1984, 1985 and 1988. His track record was an equally impressive 60-18, which included four South Jersey championships and the 1989 state crown.

A stellar performer for the Hawks as an undergrad, Glavin established numerous records, including the outdoor track record for the three-mile, the 5,000-meter runs, and the indoor record for the mile and two-mile. He also held the Belmont Plateau cross country record with a time of 25:36. Glavin qualified for the NCAA Cross Country Championships in both his junior and senior years.

Glavin holds a master's degree in mathematics from Villanova University and is currently teaching at Haddonfield High School in New Jersey. The 52-year-old resides in Ardmore, Pa. with his wife Julie, and two children, Graham and Michael.

GLAVIN'S RÉSUMÉ	
Head Coach	Years
Men's Cross Country/Track	
Saint Joseph's	1988-present
Boys' Cross Country/Track	
Paul VI HS	1978-1988
Student-Athlete	Years
Saint Joseph's	1975-78



Teddy Meyers **Graduate Assistant** **Saint Joseph's '07 - Second Year**

A 2007 graduate and 12-time letterwinner of the men's track and cross country teams, Teddy Meyers rejoins the Hawk harriers as a graduate assistant for a second season. At Saint Joseph's, Meyers built an impressive résumé of accomplishments on and off the track.

Meyers was a two-time Atlantic 10 indoor 5,000-meter champion, two-time All-Atlantic 10 cross country honoree, and A-10 outdoor 5,000-meter champion. On top of that, Meyers posted outstanding grades at SJU, earning Academic All-Atlantic 10 honors for cross country, indoor and outdoor track for the 2005-06 and 2006-07 campaigns. The academic honors are the most received by any track member at Saint Joseph's.

In May 2007, Meyers graduated with his bachelor's degree in economics. The Bethel Park, Pa. native is currently enrolled in the two-year MBA program at SJU's Haub School of Business.



Kevin Quinn **Director of Track & Field** **Saint Joseph's '62 - 43rd Year**

Kevin Quinn enters his 43rd year directing the Saint Joseph's track and cross country programs, including the last 22 as the head coach of the women's programs.

A 1962 graduate of Saint Joseph's, Quinn joined the Hawk athletic staff as the head coach of the men's cross country and track squads in the fall of 1966, a position he held for 23 years.

Additionally, Quinn served as assistant athletic director of facilities for six years, retiring from the post in 2007.



The Hawk Will Never Die!



FINNESEY FIELD

Finnesey Field has been home to 10 different varsity squads at Saint Joseph's University as it enters its 80th year. Opened in 1929 as home to the SJU football squad, the field has undergone numerous changes over the years and has been home to over a thousand SJU varsity games, matches and track meets.

The most recent upgrade happened this past summer as the AstroTurf, laid down in 2001, was replaced with new, state-of-the-art TigerTurf. Additionally, the track will receive a new coat of rubber material in 2009 to better suit the athletes who use it for all seasons.

Home to the men's and women's track and field squads, the field has seen other modifications done to it since its inception in 1929. The prospect of a 70,000-seat bowled stadium for football was dashed when the sport was discontinued following the 1939 season.

Baseball re-occupied the space in 1947, calling Finnesey home until 1959. In 1960, the original grandstand as well as the hillside seating near Overbrook Avenue were eliminated as Villiger (now Post) Hall and the Bluett Theatre were built. In the process of the 1960 construction, the field's elevation was raised five feet to its current location.

In 1990, artificial turf replaced the grass, making Finnesey a truly multi-purpose facility. In 1994 the installation of lights furthered the use of the grounds, while new bleachers in 2003 on the hill next to Mandeville Hall were another touch of renovation to a historic stadium.

Saint Joseph's men's soccer was started in 1958 and played every season but one (1960) at Finnesey. Additionally, men's and women's lacrosse began in 1993 and have called Finnesey home since their inception.

The location has also been home to women's soccer since 1996 and the field hockey team wrapped up its last season on Finnesey in 2007. Field hockey will open on a new playing surface on the Maguire Campus in 2009.

Overall, the site has seen 1,053 games entering the 2008-09 academic year, and SJU teams put together a total record of 493-518-42 in 79 years.



THE HAWK



The Saint Joseph's Hawk mascot has been flapping its wings for over half a century, having celebrated its golden anniversary in 2005-06.

One of the most famous mascots in college sports, the Hawk is best known for staying in constant motion by flapping its wings throughout every basketball game and representing the Saint Joseph's motto, "The Hawk Will Never Die."

Saint Joseph's athletic teams have been recognized with the nickname "Hawks" since 1929. At that time, the school's yearbook editor initiated a contest among the student body for a symbol. More than 100 submissions were narrowed, with "Hawks" winning out over "Grenadiers" by a slim margin. The name was appropriate because it typified "the fighting spirit of our crimson and gray athletes and it is suggestive of the aerial attack which has made our football team famous." Football, ironically, was discontinued at SJU following the 1939 season.

The Hawk has won numerous accolades and was a nominee for induction to the Mascot Hall of Fame in 2008.

www.sjuhawks.com



2008-09 ROSTER

Name	Yr.	Event	Ht.	DOB	Hometown	High School / Last College
* George Arcarola	So.	XC/Middle Distance	6-0	10/3/89	Richmond Hill, N.Y.	Archbishop Molloy
* Paul Barolette	So.	Sprints	6-0	12/14/89	Old Bridge, N.J.	Saint John Vianney
Ryan Birchmeier	Fr.	XC/Distance	6-3	7/11/89	Ocean View, N.J.	Ocean City
** Drew Brandt	Jr.	Sprints	5-10	10/28/87	Lansdale, Pa.	Methacton
* Jesse Brooks	So.	XC/Middle Distance	5-10	11/2/88	Dover, Del.	Caesar Rodney Senior
Davion Clanton	Fr.	Jumps	5-9	6/27/90	New Egypt, N.J.	New Egypt
* Vince Collins	So.	XC/Distance	6-0	8/30/89	Baltimore, Md.	Archbishop Curley
Nick DeFeo	Fr.	Sprints	5-10	12/16/89	Langhorne, Pa.	Neshaminy
Tom DiNatale	Fr.	Sprints	5-7	2/19/90	Reading, Mass.	Reading Memorial
Victor DiNoia	Fr.	Sprints/Jumps	5-11	9/5/89	Jamison, Pa.	Central Bucks East
John DiPersio	Fr.	Jumps	5-11	2/2/90	Doylestown, Pa.	Central Bucks East
Steve Dolan	Fr.	Middle Distance	6-3	5/30/90	Blue Bell, Pa.	La Salle College
* Kevin Donnelly	So.	XC/Middle Distance	5-8	9/9/88	Lansdale, Pa.	La Salle College
Adam Drastura	Fr.	XC/Middle Distance	6-1	10/9/90	Linden, N.J.	Roselle Catholic
David Evans	Fr.	XC/Distance	5-10	6/7/89	Audubon, Pa.	Devon Prep
* Ryan Fenimore	So.	XC/Distance	5-11	6/6/88	Jackson, N.J.	Jackson Memorial
* Luke Fischer	So.	XC/Middle Distance	5-11	1/14/89	Yardley, Pa.	Notre Dame (N.J.)
Michael Gallagher	Fr.	Long Sprints	5-10	4/13/90	Monroe Township, N.J.	Monroe Township
* Joseph Glasnovich	Jr.	Middle Distance	6-0	11/17/87	Milwaukee, Wisc.	Thomas More
Matthew Golia	So.	XC/Distance	6-2	12/2/88	Haddonfield, N.J.	Haddonfield Memorial / Arizona State
** Tom Gonzalez	Sr.	Long Sprints	5-9	3/12/87	Mahwah, N.J.	Don Bosco Prep
* Brian Guterl	So.	XC/Middle Distance	6-2	6/9/89	Rahway, N.J.	Union Catholic Regional
*** Justin Heinze	Sr.	XC/Distance	5-11	2/8/87	Haddonfield, N.J.	Haddonfield Memorial
Logan Hohs	Fr.	XC/Middle Distance	5-9	4/20/90	Darien, Conn.	Darien
** James Jennings	Jr.	XC/Distance	5-10	4/19/88	Kennett Square, Pa.	Salesianum (Del.)
George Johnson	Fr.	XC/Distance	5-10	12/8/89	Lanoka Harbor, N.J.	Monsignor Donovan
*** Brendan Kearney	Sr.	XC/Middle Distance	5-11	2/11/87	Carlisle, Pa.	Trinity
* Christopher Lau	So.	Sprints	5-11	1/16/89	Westport, Conn.	Staples
* Jimmy McCue	So.	Long Sprints	6-2	8/17/89	Bordentown, N.J.	Notre Dame (N.J.)
Jim McCoog	Fr.	Middle Distance	6-0	3/14/90	Plymouth Meeting, Pa.	Archbisop Carroll
Kevin McDonnell	Fr.	XC/Distance	5-10	10/30/89	Moorestown, N.J.	Camden Catholic
Sebastian Mejia	Fr.	Sprints	6-1	10/25/89	Lawrence, Mass.	Central Catholic
Evan Mitos	Fr.	Sprints	5-10	5/25/90	West Windsor, N.J.	West Windsor-Plainsboro
** Kyle Murray	Sr.	XC/Distance	6-1	4/3/87	Jamison, Pa.	Central Bucks South / Lock Haven
Kevin Myslinski	Fr.	Sprints	6-0	6/21/90	Philadelphia, Pa.	Archbishop Ryan
Murphy O'Donnell	Fr.	XC/Middle Distance	5-10	7/18/90	Rumson, N.J.	Rumson-Fair Haven
Ian O'Hara	Fr.	XC/Middle Distance	6-0	4/2/90	Wallingford, Pa.	Strath Haven
** Steven Philbrook	Jr.	Long Sprints/Hurdles	5-11	5/19/88	Latham, N.Y.	Shaker
**** Will Rowland	Gr.	XC/Distance	5-8	12/14/85	Flemington, N.J.	Hunterdon Central
* Jared Sabre	So.	Long Sprints	6-2	3/21/89	Spring City, Pa.	Owen J. Roberts
** Chris Savino	Jr.	XC/Distance	5-7	5/3/88	Green Township, N.J.	Newton
** Jonathan Sclafani	Jr.	XC/Middle Distance	5-10	1/18/88	Wayne, Pa.	Devon Prep
Royce Scrivano	Fr.	Middle Distance	6-5	2/25/90	Holicong, Pa.	Central Bucks East
* Brian Smith	So.	Sprints/Hurdles	6-1	8/21/89	Voorhees, N.J.	Eastern Senior
David Smith	Fr.	Sprints	5-10	10/9/89	Carlisle, Pa.	Trinity
**** Bobby Staten	R-Sr.	Sprints	5-9	12/30/85	Bethel Park, Pa.	Bethel Park
Ray Weir	Fr.	Middle Distance	5-10	1/10/90	Flanders, N.J.	Mt. Olive
Dylan Wenik	Fr.	Sprints	5-10	12/24/89	Willow Grove, Pa.	Upper Moreland
Roland Tilar	So.	Long Sprints	5-8	3/5/89	Chesapeake, Va.	Catholic
** George Wittmann	Jr.	XC/Distance	6-2	6/20/87	Toms River, N.J.	Toms River North
*** Stephen Young	Sr.	XC/Middle Distance	5-9	1/13/87	Edgewater Park, N.J.	Holy Cross

Head Coach: Mike Glavin (Saint Joseph's '78) – 20th year

Graduate Assistant: Teddy Meyers (Saint Joseph's '07) – 2nd year

Cross Country Captains: Kyle Murray, Will Rowland

Track Captains: Bobby Staten, Steve Young

TEAM BREAKDOWN

BY CLASS

Graduate Student (1): Rowland

Seniors (6): Gonzalez, Heinze, Kearney, Murray, Staten, Young

Juniors (7): Brandt, Glasnovich, Jennings, Philbrook, Savino, Sclafani, Wittmann

Sophomores (14): Arcarola, Barolette, Brooks, Collins, Donnelly, Fenimore, Fischer, Golia, Guterl, Lau, McCue, Sabre, B. Smith, Tilar

Freshmen (23): Birchmeier, Clanton, DeFeo, DiNatale, DiNoia, DiPersio, Dolan, Drastura, Evans, Gallagher, Hohs, Johnson, McCoog, McDonnell, Mejia, Mitos, Myslinski, O'Donnell, O'Hara, Scrivano, D. Smith, Weir, Wenik

BY STATE

Connecticut (2): Hohs, Lau

Delaware (1): Brooks

Maryland (1): Collins

Massachusetts (2): DiNatale, Mejia

New Jersey (21): Barolette, Birchmeier, Clanton, Drastura, Fenimore, Gallagher, Guterl, Golia, Gonzalez, Heinze, Johnson, McCue, McDonnell, Mitos, O'Donnell, Rowland, Savino, Smith, Wenik, Wittmann, Young

New York (2): Arcarola, Philbrook

Pennsylvania (20): Brandt, DiNatale, DiNoia, DiPersio, Dolan, Donnelly, Evans, Fischer, Jennings, Kearney, McCoog, Murray, Myslinski, O'Hara, Sabre, Sclafani, Scrivano, D. Smith, Staten, Wenik

Virginia (1): Tilar

Wisconsin (1): Glasnovich

PRONUNCIATION GUIDE

Davion (Clanton): DAVE-ee-on

(Mike) Glavin: GLAV-in

(Joseph) Glasnovich: GLASS-no-vich

(Brian)Guterl: GOO-ter-ul

(Logan) Hohs: HOSE

(Jared) Sabre: SAY-burr

(Jonathan) Sclafani: Skla-FAH-nee

(Bobby) Staten: STATE-in

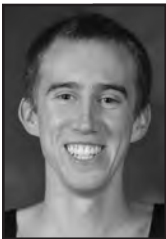
CAPTAINS



Kyle Murray
Senior • 6-1 • XC/Distance
Jamison, Pa. • C. Bucks South/Lock Haven

Cross Country 2007: Earned All-Atlantic 10 honors with ninth-place finish (25:28)...Best finish was second at Ram Invitational (26:13.5)...Ran fastest 8K race at IC4As in 25:43, good for 19th...Led SJU in all six races run...**2006:** Ran one race at Lafayette as unattached (26:09/17th place)...**At Lock Haven 2005:** Ran two races at LHU...**Indoor Track 2007-08:** Logged IC4A-qualifying time of 8:26.75 in 3K at Giegengack...Ran IC4A-qualifying time of 14:39.89 in 5K at A-10s...**2006-07:** Posted time of 14:53.44 in 5,000m at PSU National Meet as an unattached runner...Ran 8:41.50 at Rider-Lafayette as unattached runner in 3,000m...**Outdoor Track 2008:** Ran IC4A-qualifying time of 14:35.50 in 5K at A-10s...Notched season-best 10K at Colonial Relays with a time of 31:44.02...Won 5K at Onesty...**2007:** Ran 5,000m at Larry Ellis as an unattached runner (15:17.14)...**High School/Personal:** Served as cross country and track team captain senior year...Was a state medalist senior year in cross country and the indoor mile, as well as being named All-State in cross country...League 3,200m champion as a freshman...Born April 3, 1987...Majoring in management.

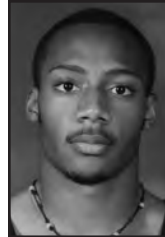
INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
3000	8:26.75	Giegengack	2008	5000	14:35.50	Atlantic 10	2008
5000	14:39.89	Atlantic 10	2008	10000	31:44.02	Colonial	2008



Will Rowland
Senior • 5-8 • XC/Distance
Flemington, N.J. • Hunterdon Central

Cross Country 2007: Competed just four times with best finish coming at Leopard Invitational (50th/27:25.8)...Ran 27:24 at A-10s in 56th place...**2006:** Did not compete due to injury...**2005:** Earned All-Conference honors at the A-10 Championships...Competed in all seven meets...Was the Hawks' top finisher at Fordham with a 26:34 in the 8K run...**2004:** Competed in six meets...Posted season-best time of 22:05 at Duquesne Duals...**Indoor Track 2007-08:** Posted season-best 3K time of 8:42.73 at A-10s...Season-best 5K was run at PSU Relays in a time of 15:01.31...**2006-07:** Did not compete due to injury...**2005-06:** Placed third in the 3,000m at Fordham (8:40.13)...Placed third in the 5,000m at the A-10 Championships (14:57.11)...**2004-05:** Placed second in the 5K at Fordham (15:27.84) and Lehigh (15:43.31)...Finished fourth in 5K at A-10s (15:00.62)...On third-place 4xMile team at Penn State...**Outdoor Track 2008:** Qualified for IC4As in 10K running personal-best 30:34.93 at A-10s...Season-best 5K (15:10.08) came at Larry Ellis...Ran personal-best 1,500m (3:59.27) at Onesty...**2007:** Placed third in the A-10 Championship 10,000m race in a time of 31:11.84...Finished third at Lafayette in the 3,000m (8:34.60)...Ran 14:51.39 in the 5K at the Duke Invitational...Clocked a 4:04.79 in the 1,500m at the Onesty Invitational...**High School/Personal:** Placed 13th at N.J. Meet of Champions senior year...Set conference record in the 3,200m...Born December 14, 1985...Majoring in finance.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
3000	8:35.85	New Balance	2005	1500	3:59.27	Onesty	2008
5000	14:43.93	PSU National	2006	3000	8:34.60	Lafayette	2007
				5000	14:51.39	Duke	2007
				10000	30:34.93	Atlantic 10	2008



Bobby Staten
Redshirt Senior • 5-9 • Sprints
Bethel Park, Pa. • Bethel Park

Indoor Track 2007-08: Registered an IC4A-qualifying time of 6.47 in the 55m dash at Lafayette...**2006-07:** Set SJU record in 60m dash at Giegengack running 6.84...Ran personal best 400m race at Rider-Lafayette (49.36)...Ran season best 55m dash twice (6.40 at A-10s and IC4As)...Set indoor personal best 22.23 at NYU Fastrack...**2005-06:** Won the 60yd dash at the Lafayette Invitational (6.3)...Recorded team bests in the 55m, 60yd, and 60m dashes...**2004-05:** Finished second at Armory in the 55m (6.44 IC4A/q)...Placed second at Fordham in the 60m with 7.15...Third in the 60m at New Balance (6.52 IC4A/q)...First-place finish in the 200m at the Armory (22.29)...On first place, IC4A qualifying 4x400 team at NYU (3:16.34)...**Outdoor Track 2008:** Ran time of 22.45 in 200m at Monmouth...**2007:** Did not compete due to injury...**2006:** Had team bests in the 100m and 200m at the A-10 Championships...Finished first in the 100m at the Rider-Lafayette meet with a 10.96...**2005:** Took first place in the 200m at Lafayette (22.32)...Ran the 100m in 10.76 (IC4A/q) at A-10s...Ran on first place, NCAA Regional qualifying 4x400m team at A-10s (3:17.86)...Ran second leg of 4x400 that placed first at NCAA East Regional Championship (3:11.50)...**High School/Personal:** Nationally ranked (fifth) in the 55m...State Champion in the 60m and WPIAL 200m Champion as a senior...Born December 30, 1985...Majoring in English.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
55	6.40	A10s, IC4As	2007	100	10.58	A-10s	2006
60	6.84	Giegengack	2007	200	21.85	A-10s	2006
200	22.23	NYU Fastrack	2007				



Steve Young
Senior • 5-9 • XC/Middle Distance
Edgewater Park, N.J. • Holy Cross

Cross Country 2007: Ran in five races with best time coming at IC4As (76th/26:34)...**2006:** Competed in six meets...Best finish was ninth at Haverford...**Indoor Track 2007-08:** Notched personal-best 1,000m at IC4As with a time of 2:28.30...Ran IC4A-qualifying 800m at Giegengack in 1:55.39...**2006-07:** Qualified for IC4As with a 2:29.79 in the 1,000m at NYU Fastrack...Ran indoor personal-best 800m (1:57.16) at Rider-Lafayette...Ran season-best Mile time at Giegengack (4:32.70)...**2005-06:** Placed second in the Mile at Lafayette (4:40.3)...Ran a 2:35.82 in the 1,000m at Yale...**Outdoor Track 2008:** Posted IC4A-qualifying time in 1,500m at Swarthmore (3:49.90)...Personal-best 800m (1:54.50) was run at Larry Ellis...**2007:** Turned in personal best 800m at Monmouth with a time of 1:56.63...Ran 50.9 split in the 4x400 relay at Monmouth...Ran personal best 4:10.21 at Duke in the 1,500m...**2006:** Turned in a 4:10.46 in the 1,500m at Princeton...**High School/Personal:** Distance MVP junior and senior years...Track captain junior and senior years...Tentime letterwinner in track and cross country...Born January 13, 1987...Majoring in social science.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
800	1:55.39	Giegengack	2008	800	1:54.50	Larry Ellis	2008
1000	2:28.30	IC4As	2008	1500	3:49.90	Swarthmore	2008



SENIORS



Tom Gonzalez
Senior • 5-9 • Long Sprints
Mahwah, N.J. • Don Bosco Prep

Indor Track 2007-08: Ran 880yd personal-best time of 2:06.14 at Lafayette...**2006-07:** Set personal record three times in the 500m with best coming at A-10s (1:13.17)...Ran season best 56.88 in 400m at Ursinus...**Outdoor Track 2008:** Did not compete...**2007:** Ran personal best 55.89 in the 400m at Larry Ellis Invitational...Ran 56.32 at Onesty Invitational...**High School/Personal:** Served as team captain senior year at Don Bosco Prep...Earned varsity track letters in junior and senior year...Born March 12, 1987...Majoring in pharmaceutical marketing.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
400	56.88	Ursinus	2007	400	55.89	Larry Ellis	2007
500	1:13.17	A-10s	2007				
880y	2:06:14	Lafayette	2007				



Justin Heinze
Senior • 5-11 • XC/Distance
Haddonfield, N.J. • Haddonfield Mem.

Cross Country 2007: Ran three meets; best finish was at Ram Invitational (28th/28:29.7)...**2006:** Best finish was third at Haverford (15:52)...Ran season-best time 27:09.2 at Iona Meet of Champions... **2005:** Competed in two meets...**Indoor Track 2007-08:** Turned in personal-best 3K at Giegengack (8:48.66)...Posted personal-best 5K at A-10s (15:31.20)... **2006-07:** Posted season-best time of 15:45.35 in the 5,000m at Fordham...Ran season-best 3K (8:51.87) at PSU Relays...**2005-06:** Placed first in the mile at the season-opening Lafayette Invitational (4:39.2)...**Outdoor Track 2008:** Lowered personal record in 5K to 15:43.81 at A-10s...Turned in best 1,500m at Larry Ellis (4:06.32) ...**2007:** Ran season-best 15:44.44 in the 5,000m at Monmouth...Ran 9:03.46 in 3,000m at Lafayette...Had a season best in 1,500m, running 4:09.49 at Larry Ellis...**2006:** Placed sixth in the 5,000m at the Rider-Lafayette meet (15:59.69)...**High School/Personal:** Three-time All-Conference for cross country and All-Conference track junior and senior years...Conference champion in the 1,600m and 3,200m...County champion in the 3,200m...Born February 8, 1987...Majoring in English.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:27.89	Rider-Laf.	2006	1500	4:06.32	Larry Ellis	2008
3000	8:48.66	Giegengack	2008	3000	9:03.46	Lafayette	2007
5000	15:31.20	A-10s	2008	5000	15:43.81	A-10s	2008



Brendan Kearney
Senior • 5-11 • XC/Middle Distance
Carlisle, Pa. • Trinity

Cross Country 2007: Made three appearances with best race coming at Ram Invitational (8th/27:12.1)... **2006:** Competed in six races...Ran season-best time of 26:44.8 at A-10s (40th Place)... **2005:** Competed in six meets...**Indoor Track 2007-08:** Ran 800m leg of IC4A-qualifying DMR at PSU National...Ran 2:33.57 in 1,000m at Giegengack...**2006-07:** Bested personal mark in 1,000m three times...Earned All-Atlantic 10 honors with victory in 1,000m (2:29.09)...Won the Mile at Ursinus (4:23.12)...Won the 1,000m race at Giegengack in 2:28.61, qualifying for IC4As...**2005-06:** Placed fifth in the mile at Ursinus (4:30.94) ...Placed third in the 800m at A-10 Championships (1:56.42) ...**Outdoor Track 2008:** Ran team and season best 800m at A-10s (1:54.26)...**2007:** Ran personal best 1:53.98 at A-10s...Ran 51.1 split in the 4x400m at Larry Ellis...Ran 4:05.36 in 1,500m at Duke... **2006:** Placed eighth in the 1,500m at Monmouth (4:08.57)...**High School/Personal:** Cross country team captain and MVP junior and senior years...Track team MVP junior year...Set school record in 800m (1:56.42)...District champion in 800m...Born February 11, 1987...Majoring in international business.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
800	1:56.42	Atlantic 10	2006	400	51.53	Larry Ellis	2007
1000	2:28.61	Giegengack	2007	800	1:53.98	Atlantic 10	2007
Mile	4:23.12	Ursinus	2007	1500	4:05.36	Duke	2007

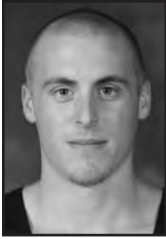


Senior Brendan Kearney (left) and junior Jimmy Jennings

The Hawk Will Never Die!



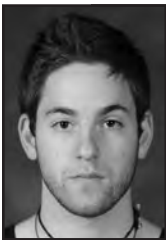
JUNIORS



Drew Brandt
Junior • 5-10 • Sprints
Lansdale, Pa. • Methacton

Indoor Track 2007-08: Turned in a time of 22.79 in 200m at Giegengack...Ran 400m leg of IC4A-qualifying DMR at PSU National...**2006-07:** Ran 50.3 split in the 4x400m at IC4As...Recorded 51.15 in the 400m at A-10s...Ran 6.85 in the 55m at A-10s...**Outdoor Track 2008:** Personal-best 400m came at A-10s (49.10)...Member of 4x100m, 4x200m, 4x400m and Distance Medley Relays...**2007:** Ran a 49.0 split in the 4x400m at A10s...Ran season best 49.71 in the 400m at A-10s...Twice anchored the 4x400m relay...**High School/Personal:** Team captain junior and senior year...Won Suburban One League 100m championship senior year...Born October 28, 1987...Majoring in chemistry.

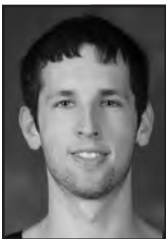
INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
55	6.85	Atlantic 10	2007	100	11.56	Lafayette	2007
60	7.36	Giegengack	2007	200	22.78	Lafayette	2007
200	22.79	Giegengack	2008	400	49.10	Atlantic 10	2008
400	51.15	Atlantic 10	2007				



Joseph Glasnovich
Junior • 6-0 • Middle Distance
Milwaukee, Wisc. • Thomas More

Indoor Track 2007-08: Ran 2:06.82 at Princeton in the 800m...Ran 2:50.50 at PSU Relays in 1,000m...**Outdoor Track 2008:** Did not compete...**2006:** Member of Saint Joseph's men's soccer team...**High School/Personal:** Letterwinner in track...Three-year varsity starter in soccer...Born November 17, 1987...International business major.

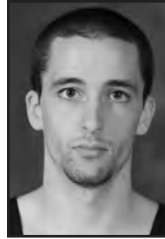
INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
800	2:06.82	Princeton	2008			Did Not Compete	
1000	2:50.50	PSU Relays	2008				



Jimmy Jennings
Junior • 5-10 • XC/Distance
Kennett Square, Pa. • Salesianum (Del.)

Cross Country 2007: Top finisher at Haverford (4th) for SJU...Best 8K was run at IC4As (26:55)...**2006:** Finished seventh at Haverford...Ran 28:25 at Atlantic 10...**Indoor Track 2007-08:** Ran 9:18.67 in 3K at Keogh...**2006-07:** Ran season-best 9:04.1 in the 3,000m at Giegengack...**Outdoor Track 2008:** Turned in a time of 9:30.58 in the 3K Steeplechase at A-10s...Ran personal best 1,500m at Larry Ellis (4:09.91)...**2007:** Ran 5,000m at Monmouth in 15:55.06...**High School/Personal:** Named All-County in cross country and spring track senior year...Second Team All-State in cross country senior year...Team won state championships in cross country and both winter and spring track junior and senior years...Born April 19, 1988...Majoring in accounting.

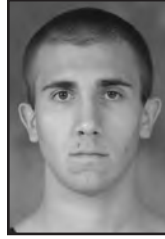
INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:45.58	Ursinus	2007	1500	4:09.91	Larry Ellis	2008
3000	9:04.10	Giegengack	2007	3000 SC	9:40.58	Atlantic 10s	2008
				5000	15:55.06	Monmouth	2007



Steven Philbrook
Junior • 5-11 • Long Sprints/Hurdles
Latham, N.Y. • Shaker

Indoor Track 2007-08: Turned in personal bests in the 400m (53.27 at Keogh) and 500m (1:08.09 at NYU Fastrack)...**2006-07:** Ran three college indoor bests at Giegengack in 200m (24.52), 400m (53.44), and 4x400m split (52.5)...**Outdoor Track 2008:** Set personal record in 400m Intermediate Hurdles (55.18) at A-10s...**2007:** Ran 400m Intermediate Hurdles in five meets with best at A-10s (57.27)...**High School/Personal:** All-American sprinter...Holds school records in three individual hurdling events...Team co-captain senior year...Also lettered in basketball one season...Born May 19, 1988...Natural sciences major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
200	24.52	Giegengack	2007	400 IH	55.18	Atlantic 10	2008
400	53.27	Keogh	2008				
500	1:08.09	NYU Fastrack	2008				



Chris Savino
Junior • 5-7 • XC/Distance
Green Township, Pa. • Newton

Cross Country 2007: Ran in six meets...Best 8K came at Leopard Invitational (27:11.9)...**2006:** Competed in six meets...Best finish at Haverford (6th)...**Indoor Track 2007-08:** Posted personal bests in the Mile (4:34.81 at Giegengack), 3K (9:13.37 at Bucknell) and 5K (15:57.74 at A-10s)...**2006-07:** Ran season-best Mile at Giegengack (4:40.35)...Ran season-best 3,000m at Rider-Lafayette...**Outdoor Track 2008:** Did not compete...**2007:** Ran 1,500m at Larry Ellis (4:19.16)...Ran personal-best 10,000m at A-10s (32:59.06)...**High School/Personal:** Named All-League junior and senior years...Also honored with All-Area status senior season...Earned four letters in soccer, and won a sectional championship in 2005...Born May 3, 1988...Majoring in accounting.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:34.81	Giegengack	2008	1500	4:19.16	Larry Ellis	2007
3000	9:13.37	Bucknell	2008	5000	15:46.23	Onesty	2007
5000	15:57.74	Atlantic 10	2008	10000	32:59.06	Atlantic 10	2007



Junior Drew Brandt



JUNIORS & SOPHOMORES



Jonathan Sclafani
Junior • 5-10 • XC/Distance
Wayne, Pa. • Devon Prep

Cross Country 2007: Competed in six events...Best performance came at Leopard Invite (12th/27:11.9)...**2006:** Finished 29th at A-10s...Finished second at Haverford...

Indoor Track 2007-08: Best 3K came at A-10s in a time of 8:48.68...**2006-07:** Best mark in the Mile came at A-10s (4:22.28)...Ran a 2:33.62 in the 1,000m at NYU...**Outdoor Track 2008:** Posted personal bests in the 1,500m (4:02.46 at Onesty), 3,000m Steeplechase (9:47.42 at Colonial Relays), 5,000m (15:10.66 at A-10s)...**2007:** Ran a 4:05.06 in the 1,500m at Larry Ellis...Ran a 1:56 split in the 4x800 at A-10s...Ran 5,000m at Monmouth (15:34.62)...**High School/Personal:** Team MVP three seasons...Placed eighth at PIAA Cross Country Championships senior year...Also served as team captain...Finished third at District Championships junior year...Born January 18, 1988...Political science major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
1000	2:33.62	NYU Fastrack	2007	1500	4:02.46	Onesty	2008
Mile	4:22.28	Atlantic 10	2007	3000 SC	9:47.42	Colonial	2008
3000	8:48.68	Atlantic 10	2008	5000	15:10.66	Atlantic 10	2008



George Wittmann
Junior • 6-2 • XC/Distance
Toms River, N.J. • Toms River North

Cross Country 2007: Competed in six events, best finish came at Haverford (6th)...**2006:** Competed in one meet finishing 10th at Haverford...**Indoor Track 2007-08:** Notched personal best 3K at PSU Relays

(9:17.97)...**2006-07:** Best showing in the Mile came at Rider-Lafayette (4:35.52)...Ran 3,000m at Giegengack (9:22.96)...**Outdoor Track 2008:** Did not compete...**2007:** Ran a season-best time of 4:13.12 at Larry Ellis in the 1,500m...Finished the 3,000m at Lafayette in a time of 9:33.83...**High School/Personal:** Placed sixth in the mile at state championships senior year...First Team All-County in cross country and track as well...Selected as Team MVP and served as team captain for cross country and track as a senior...Born June 20, 1987...Majoring in management.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:35.52	Rider-Laf.	2007	1500	4:13.12	Larry Ellis	2007
3000	9:17.97	PSU Relays	2008	3000	9:33.83	Lafayette	2007



George Arcarola
Sophomore • 6-0 • XC/Middle Distance
Richmond Hill, N.Y. • Archbishop Molloy

Indoor Track 2007-08: Ran third-best 800m on team (1:58.43) at Bucknell...Posted season-best times in 400m (52.70 at Keogh) and 500m (1:08.14 at Giegengack)...**Outdoor Track 2008:** Ran season-best

800m (1:58.16) at Larry Ellis...**High School/Personal:** Captained indoor track team senior year...Two-time N.Y. Federation indoor track qualifier...Member of 2007 CHSAA Intersectional outdoor track team senior year...Born October 3, 1989...Biology major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
400	52.70	Keogh	2008	800	1:58.16	Larry Ellis	2008
500	1:08.14	Giegengack	2008				
800	1:58.43	Bucknell	2008				



Paul Barolette
Sophomore • 6-0 • Sprints
Old Bridge, N.J. • Saint John Vianney

Indoor Track 2007-08: Made one appearance at Lafayette running 6.80 in 60-yard dash...**Outdoor Track 2007-08:** Did not compete due to injury...**High School/Personal:** N.J. state champion in 100m dash

senior year...Second place at N.J. indoor championship in 55m dash senior year...Two time letterwinner in basketball...Born December 14, 1989...Majoring in biology.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
60y	6.80	Lafayette	2007			Did Not Compete	



Jesse Brooks
Sophomore • 5-10 • XC/Middle Distance
Dover, Del. • Caesar Rodney Senior

Cross Country 2007: Competed in six meets...**Indoor Track 2007-08:** Set season bests in 400m (53.79 at Ursinus), 800m (2:00.90 at Giegengack), and 1,000m

(2:34.64 at Bucknell)...Member of IC4A-qualifying 4x800m Relay squad...**Outdoor Track 2008:** Ran 1:57.21 at A-10s in 800m...Member of IC4A-qualifying 4x800m Relay team...**High School/Personal:** DIAA runner up in cross country state championship as a senior, third place finisher as a junior...Three year captain...800 meter state champion junior year...Led team to two consecutive county and conference track titles...Born November 2, 1988... Majoring in criminal justice.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
800	2:00.90	Giegengack	2008	800	1:57.21	Atlantic 10	2008
1000	2:34.64	Bucknell	2008				



Vince Collins
Sophomore • 6-0 • XC/Distance
Baltimore, Md. • Archbishop Curley

Cross Country 2007: Competed in six meets...**Indoor Track 2007-08:** Turned in season bests at Giegengack (4:36.04/Mile) and Princeton (9:27.36/3K)...**Outdoor Track 2008:** Best 1,500m came at Larry Ellis (4:12.75)...

Ran season-best 5K (16:07.36) at Onesty...**High School/Personal:** Member of two-time Maryland outdoor track champions...Born August 30, 1989...Majoring in English.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:36.04	Giegengack	2008	1500	4:12.75	Larry Ellis	2008
3000	9:27.36	Princeton	2008	5000	16:07.36	Onesty	2008



Kevin Donnelly
Sophomore • 5-8 • XC/Middle Distance
Lansdale, Pa. • La Salle College

Cross Country 2007: Competed in six meets...**Indoor Track 2007-08:** Posted season bests in the Mile (4:46.18 at Bucknell) and 3K (9:19.89 at Keogh)...**Outdoor Track 2008:** Ran season-best 1,500m (4:26.36) at Larry Ellis

and season-best 5K (16:15.96) at Monmouth...**High School/Personal:** Letterwinner in track and cross country...Cousin Kelly Flanagan was a 2006 graduate of SJU...Born September 9, 1988...Business major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
Mile	4:46.18	Bucknell	2008	1500	4:26.36	Larry Ellis	2008
3000	9:19.89	Keogh	2008	5000	16:15.96	Monmouth	2008

The Hawk Will Never Die!

SOPHOMORES

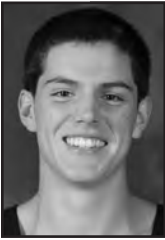


Ryan Fenimore
Sophomore • 5-11 • XC/Distance
Jackson, N.J. • Jackson Memorial

Cross Country 2008: Competed in six races...Finished 57th at A-10s...**Indoor Track 2007-08:** Ran season bests in the 1,000m (2:32.49 at NYU) and Mile (4:20.48 at A-10s)...**Outdoor Track 2008:** Logged season bests in the 800m (2:03.67 at Onesty), 1,500m (4:01.39 at Larry Ellis), and 3K Steeplechase (9:51.40 at

Colonial Relays)...Won 1,500m at Monmouth...**High School/Personal:** Finished 17th senior year at cross country N.J. Meet of Champions, leading team to State Championship...Ran leg of All-American indoor 4xMile relay...Ran leg of All-American 4x800 relay team...Letterwinner for basketball and golf...Born June 16, 1988...Management major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
1000	2:32.49	NYU Fastrack	2008	1500	4:01.39	Larry Ellis	2008
Mile	4:20.48	Atlantic 10	2008	3000 SC	9:51.40	Colonial	2008



Luke Fischer
Sophomore • 5-11 • XC/Distance
Yardley, Pa. • Notre Dame (N.J.)

Cross Country 2008: Appeared in six meets...**Indoor Track 2007-08:** Posted season bests in 800m (1:57.00 at NYU), 1,000m (2:31.38 at A-10s), and Mile (4:26.09 at Giegengack)...**Outdoor Track 2008:** Ran season-best times in 800m (1:56.59 at Onesty) and 1,500m (4:01.73 at Larry Ellis)...**High School/Personal:**

Captain of track and cross country squads...Team won state indoor track championship his senior year and outdoor track championship his junior year...Born January 14, 1989...Business major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
800	1:57.00	NYU Fastrack	2008	800	1:56.59	Onesty	2008
1000	2:31.38	Atlantic 10	2008	1500	4:01.73	Larry Ellis	2008



Brian Guterl
Sophomore • 6-2 • XC/Middle Distance
Rahway, N.J. • Union Catholic Regional

Cross Country 2008: Competed in six meets as No. 2 runner...Finished second at Ram Invitational...Ran 26:30 at A-10s (23rd place)...**Indoor Track 2007-08:** Ran season-best times in 1,000m (2:31.16 at Giegengack) and Mile (4:17.44 at Atlantic 10 Championships)...**Outdoor Track 2008:** Posted season-best

times in 800m (1:59.73 at Onesty) and 1,500m (4:05.81 at Colonial Relays)...**High School/Personal:** First team All-State, All-non Public schools, All-County, All-Area, All-Conference senior year in cross country...Member of All-American sprint medley relay, placing second in nation...Born June 9, 1989...Majoring in criminal justice.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
1000	2:31.16	Giegengack	2008	800	1:59.73	Onesty	2008
Mile	4:17.44	Atlantic 10	2008	1500	4:05.81	Colonial	2008



Christopher Lau
Sophomore • 5-11 • Sprints
Westport, Conn. • Staples

Indoor Track 2007-08: Sprinted season bests in 60yd (7.00 at Lafayette), 200m (23.57 at Keogh) and 400m (53.16 at Bucknell)...Member of team-best 4x200m and 4x400m Relays...**Outdoor Track 2008:** Notched season bests in 200m (23.40 at Colonial Relays) and 400m (51.23 at Larry Ellis)...**High**

School/Personal: First Team All-FCIAC for indoor track season senior year...4x200m relay team won indoor track states...Captained track teams...Indoor team won CIAC Class M Championship senior year...Born January 16, 1989...Social Science major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
200	23.57	Keogh	2008	200	23.40	Colonial	2008
400	53.16	Bucknell	2008	400	51.23	Larry Ellis	2008



Jimmy McCue
Sophomore • 6-2 • Long Sprints
Bordentown, N.J. • Notre Dame (N.J.)

Indoor Track 2007-08: Recorded season bests in the 500m (1:08.54 at Bucknell), 800m (1:59.24 at NYU) and 1,000m (2:45.03 at PSU Relays)...**Outdoor Track 2008:** Logged season-best 800m time of 1:59.29 at Monmouth...**High**

School/Personal: Member of 4x800m relay squad that broke school record at the N.Y. Armory... Member of N.J. indoor track championship squad...Two year letterwinner in cross country...Born August 17, 1989...Majoring in finance.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
500	1:08.54	Bucknell	2008	800	1:59.29	Monmouth	2008
800	1:59.24	NYU Fastrack	2008				



Jared Sabre
Sophomore • 6-2 • Long Sprints
Spring City, Pa. • Owen J. Roberts

Indoor Track 2007-08: Ran team-best time of 50.76 in 400m at NYU...Posted season bests in 500m (1:08.41 at A-10s) and 800m 2:05.29 at Keogh)...Member of 4x400m Relay

squad...**Outdoor Track 2008:** Logged season-best times in 400m (50.43 at Larry Ellis) and 800m (2:02.29 at Monmouth)...**High**

School/Personal: All-Conference senior year in 400m...Ran 400m leg of Distance Medley Relay team that broke school record...Earned letter in cross country...Born March 21, 1989...Majoring in actuarial sciences.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
400	50.76	NYU Fastrack	2008	400	50.43	Larry Ellis	2008
500	1:08.41	Atlantic 10	2008	800	2:02.29	Monmouth	2008



Brian Smith
Sophomore • 6-1 • Sprints/Hurdles
Voorhees, N.J. • Eastern Senior

Indoor Track 2007-08: Appeared on team-best 4x400m and Sprint Medley Relays at Penn State...Season bests in 200m (23.56 at Ursinus), 400m (51.18 at NYU), and 500m (1:06.92 at A-10s)...**Outdoor Track 2008:** Season-best 400m Hurdles (56.82) came at Onesty...Member of team-best 4x100m,

4x200m, and 4x400m Relay squads...**High School/Personal:** All-Conference in 400m hurdles and 4x400m relay...South Jersey Group IV 400m hurdles and 4x400m relay

champions...Set school triple jump record...Born August 21, 1989...Business major.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR
200	23.56	Ursinus	2008	400 IH	56.82	Onesty	2008
400	51.18	NYU Fastrack	2008				
500	1:06.92	Atlantic 10	2008				



Roland Tilar
Sophomore • 5-8 • Long Sprints
Chesapeake, Va. • Catholic

Indoor/Outdoor Track 2007-08: Did not compete...**High**

School/Personal: Member of SJU club basketball squad during 2007-08 season...Captained cross country and outdoor track teams...Medaled in 4x100m relay and discus at Va. State Catholic Championships...Placed in 4x100m Relay and discus at State

Independent Schools meet...Lettered in basketball...Born March 5, 1989...Majoring in interdisciplinary health services.

INDOOR				OUTDOOR			
EVENT	BEST	MEET	YEAR	EVENT	BEST	MEET	YEAR



NEWCOMERS



Ryan Birchmeier
Freshman
6-3
XC/Distance
Ocean View, N.J.
Ocean City

High School/Personal: N.J. Group 3 indoor 1,600m champion and record holder...Group 3 runner-up in cross country senior year... Member of South Jersey Sectional championships...Born July 11, 1989...Business major.



Davion Clanton
Freshman
5-9
Jumps
New Egypt, N.J.
New Egypt

High School/Personal: All-Conference First Team in outdoor track...School record holder in triple jump and 400 Hurdles...Captained track team junior and senior year...Three-time letterwinner in football and basketball...All-Conference wide receiver...Two-time football captain...Born June 27, 1990...Political science major.



Nick DeFeo
Freshman
5-10
Sprints
Langhorne, Pa.
Neshaminy

High School/Personal: Born December 16, 1989...Finance major.



Tom DiNatale
Freshman
5-7
Sprints
Reading, Mass.
Reading Memorial

High School/Personal: Member of state champion and record-breaking 4x200m squad and Mass. Division II 55m indoor champion senior year...Division II 200m and 300m champion junior year...10-time Middlesex League All-Star...Born February 19, 1990...Elementary education major.



Victor DiNoia
Freshman
5-11
Sprints/Jumps
Jamison, Pa.
Central Bucks East

High School/Personal: Captained team junior and senior years...Three-year letterwinner...Earned team MVP honors junior year...Named team's Most Outstanding Sprinter senior year...Teammates with fellow Hawks Tom DiNatale and Royce Scrivano...Born September 5, 1989...Finance major.



John DiPersio
Freshman
5-11
Jumps
Doylestown, Pa.
Central Bucks East

High School/Personal: Named honorable mention for All-Intel Team in triple jump...Indoor Pa. Championship qualifier in triple jump...Indoor track captain senior year...Three-year letterwinner in track, once in cross country...Born February 2, 1990...Majoring in accounting.



Steve Dolan
Freshman
6-3
Middle Distance
Blue Bell, Pa.
La Salle College

High School/Personal: Philadelphia All-Catholic team member junior year...Member of 4x400m and 4x800m relay squads...Member of PCL DMR Champions...Two-time letterwinner in baseball...Born May 30, 1990...Business major.



Adam Drastura
Freshman
6-1
XC/Distance
Linden, N.J.
Roselle Catholic

High School/Personal: Inducted into French Honors Society and took part in high school Honors Convocation...Born October 9, 1990...Business major.



David Evans
Freshman
5-10
XC/Distance
Audobon, Pa.
Devon Prep

High School/Personal: Grandfather and uncles ran collegiately at Seton Hall and West Virginia...Born June 7, 1989...Majoring in elementary and special education.



Michael Gallagher
Freshman
5-10
Long Sprints
Monroe Township, N.J.
Monroe Township

High School/Personal: Two-time letterwinner for indoor and outdoor track, respectively...Member of division-winning teams junior year...Born April 13, 1990...Majoring in chemical biology.



Matthew Golia
Sophomore
6-2
XC/Distance
Haddonfield, N.J.
Haddonfield Mem./ASU

At Arizona State 2007-08: Did not compete...**High School/Personal:** Four-time letterwinner in cross country and track...Born December 2, 1988...Finance major.



Logan Hohs
Freshman
5-9
XC/Middle Distance
Darien, Conn.
Darien

High School/Personal: All-FCIAC First Team in cross country and indoor track senior year...Member of three-time Class M indoor track and field champions...Three-time letterwinner in both indoor and outdoor track...Born April 20, 1990...Business major.

The Hawk Will Never Die!

NEWCOMERS



George Johnson
Freshman
5-10
XC/Distance
Lanoka Harbor, N.J.
Monsignor Donovan

High School/Personal: Placed 10th in N.J. Cross Country Meet of Champions...All-Conference First Team cross country junior and senior years...Member of N.J. Non-Public A outdoor track champions...Born December 8, 1989...Political science major.



Jim McCoog
Freshman
6-0
Middle Distance
Plymouth Meeting, Pa.
Archbishop Carroll

High School/Personal: Named to All-Main Line team senior year...Member of school record-setting and Pa.-qualifying 4x400m squad...Ran under former Hawk harrier Chris Koneski '05 at Carroll...James, his father, attended SJU...Born March 14, 1990...Business major.



Kevin McDonnell
Freshman
5-10
XC/Distance
Moorestown, N.J.
Camden Catholic

High School/Personal: Earned All-American honors by placing third in the 5K run at Nike Outdoor Nationals...N.J. Pacrochial A Champion at 3,200m...Won dual meet in which Camden Catholic broke Paul VI's 244 straight dual cross country meet streak started by Coach Glavin in 1979...Born October 30, 1989...Business major.



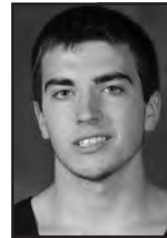
Sebastian Mejia
Freshman
6-1
Sprints
Lawrence, Mass.
Central Catholic

High School/Personal: All-State performer junior year...Named to All-Conference team senior year...Three-time letterwinner in basketball, volleyball and track and field...Born October 23, 1989...Sociology major...Given name is Daniel.



Evan Mitos
Freshman
5-10
Sprints
West Windsor, N.J.
W. Windsor-Plainsboro

High School/Personal: Born May 25, 1990...Majoring in finance.



Kevin Myslinski
Freshman
6-0
Sprints
Philadelphia, Pa.
Archbishop Ryan

High School/Personal: Three-time All-Catholic team member...Captained squad senior year...Four-year letterwinner...Born June 21, 1990...Majoring in criminal justice.



Murphy O'Donnell
Freshman
5-10
XC/Middle Distance
Rumson, N.J.
Rumson-Fair Haven

High School/Personal: Member of two-time undefeated division champions...Captain of indoor and outdoor track teams senior year...Lettered in soccer and baseball...Born July 18, 1990...Biology major.



Ian O'Hara
Freshman
6-0
XC/Middle Distance
Wallingford, Pa.
Strath Haven

High School/Personal: Born April 2, 1990...Majoring in accounting



Royce Scrivano
Freshman
6-5
Middle Distance
Holicong, Pa.
Central Bucks East

High School/Personal: Member of undefeated outdoor track team...Teammates with fellow freshmen Tom DiNatale and Victor DiNoia at C.B. East...Three time letterwinner in swimming and cross country, respectively...Two-time track letterwinner...Born February 26, 1990...Finance major.



David Smith
Freshman
5-10
Sprints
Carlisle, Pa.
Trinity

High School/Personal: Was teammates with senior Brendan Kearney at Trinity...Born October 9, 1989...Political science major.



Ray Weir
Freshman
5-10
Middle Distance
Flanders, N.J.
Mt. Olive

High School/Personal: Four-time outdoor track, three-time indoor track, and two-time cross country letterwinner...Born January 10, 1990...Finance major.



Dylan Wenik
Freshman
5-10
Sprints
Willow Grove, Pa.
Upper Moreland

High School/Personal: Named indoor track MVP two times...Captained track squads senior year...District qualifier in 4x100m, 4x400m and 400m...Four-year track letterwinner, three-year in soccer and one-year in football...Born December 24, 1989...Business major.



2007 CROSS COUNTRY REVIEW

The goal entering the 2007 cross country campaign was to finish among the Conference's elite and improve on the 2006 finish of sixth in the A-10. The Saint Joseph's men's cross country squad did just that, infusing a blend of youth and experience en route to a fifth place showing for the 2007 A-10 Championship hosts.

Leading the way for the Hawks was junior Kyle Murray. Sitting out his sophomore year from NCAA competition while running as an unattached runner, Murray was vital to the Hawks' success in 2007. In the end, the junior from Jamison, Pa. was the lone SJU competitor to make the All-Conference squad thanks to a ninth place finish at a muddy A-10 race.

To start the season, SJU ran its less-than-veteran crew at the Haverford Time Trials shortly after convening for summer practices. Jimmy Jennings was tops on the team that day with his fourth place finish.

Two weeks later, head coach Mike Glavin would trot out his "A" team for the Ram Invitational at Van Courtlandt Park. Murray (second place) led a one-two-three attack from the Hawks with Brian Guterl (third) and Jonathan Sclafani (fourth) following Murray's position to help Saint Joseph's take first place. Jennings (sixth) and Brendan Kearney (eighth) rounded out the top five contingent for the Hawks.

The following week at Penn State Murray garnered a top-10 finish while Sclafani (16th), Guterl (20th), and Jennings (23rd) completed the second straight week of similar finishes for the third-place Hawks.

Glavin retained the services of senior co-captain Will Rowland the next week at Leopard Invitational at the Lafayette, while resting some of his younger athletes in preparation for the A-10

Championships. Murray (eighth) once again led the way as Guterl and Sclafani ran to 11th and 12th place finishes, respectively.

When the Hawks returned to Philadelphia as hosts of the 2007 Atlantic 10 Championship at Belmont Plateau, they were greeted with torrential rain. The course was sloppy as 14 teams toed the line, and Murray proved to be a powerful force once again. He ran his way to a ninth-place finish as the Hawks finished fifth overall. Only Guterl (23rd) was able to crack the top-30 with Murray.

With the top-seven solidified, Glavin sent freshmen Guterl and Ryan Fenimore, sophomores Jennings, Sclafani, George Wittmann and veterans in Murray and Rowland to the NCAA Mid-Atlantic Regional at Lehigh University. There the Hawks landed in 13th place behind Murray and Sclafani who posted the top finishes at 32nd and 70th, respectively.

With one meet remaining in the cross country season, Saint Joseph's saw 13 harriers make their way to Van Courtlandt Park for the IC4A Championship meet. Aside from Murray's 19th place showing, the Hawks did not fare too well in the varsity race finishing 12th.

The 2007 season will go down as a stepping stone for the program as it continues its trek up the ladder back to prominence. With only one senior departing due to graduation, the Hawks will return a lineup to be reckoned with in the Atlantic 10 in 2008.

2007 CROSS COUNTRY AWARDS

TEAM AWARDS

MOST VALUABLE PLAYER	Kyle Murray
SCHOLAR-ATHLETE AWARD	Will Rowland
VASQUEZ AWARD	Steve Young
LEAHY AWARD	Will Rowland
ACADEMIC AWARD	Vince Collins

OTHER AWARDS

Atlantic 10 All-Conference	Kyle Murray
---	-------------

2007 CROSS COUNTRY RESULTS

DATE	EVENT	FINISH
8/31	Haverford Invitational (Haverford, Pa.)	No Team Scoring
9/15	Ram Invitational (Bronx, N.Y.)	1st of 9
9/29	Spiked Shoe Invitational (State College, Pa.)	3rd of 11
10/13	Leopard Invitational (Easton, Pa.)	4th of 12
10/27	Atlantic 10 Championships (Philadelphia, Pa.)	5th of 14
11/10	NCAA Mid-Atlantic Regionals (Bethlehem, Pa.)	13th of 28
11/18	IC4A Championships (Bronx, N.Y.)	12th of 15



Kyme Murray finished ninth at the Atlantic 10 Championship.

2007-08 TRACK REVIEW



The 2007-08 men's track seasons were highlighted by a strong group of juniors and an equally impressive group of freshmen on relays to pace Saint Joseph's in the Atlantic 10.

Steve Young, SJU's primary threat in the middle distances qualified for the IC4As in the 1,000m run as well as assisting on the 4x800m and Distance Medley Relays, both IC4A qualifiers for the indoor season. Young's high water mark of the season came at the Penn State National Meet where the junior completed the five-lap segment in 2:28.49 in the victorious race.

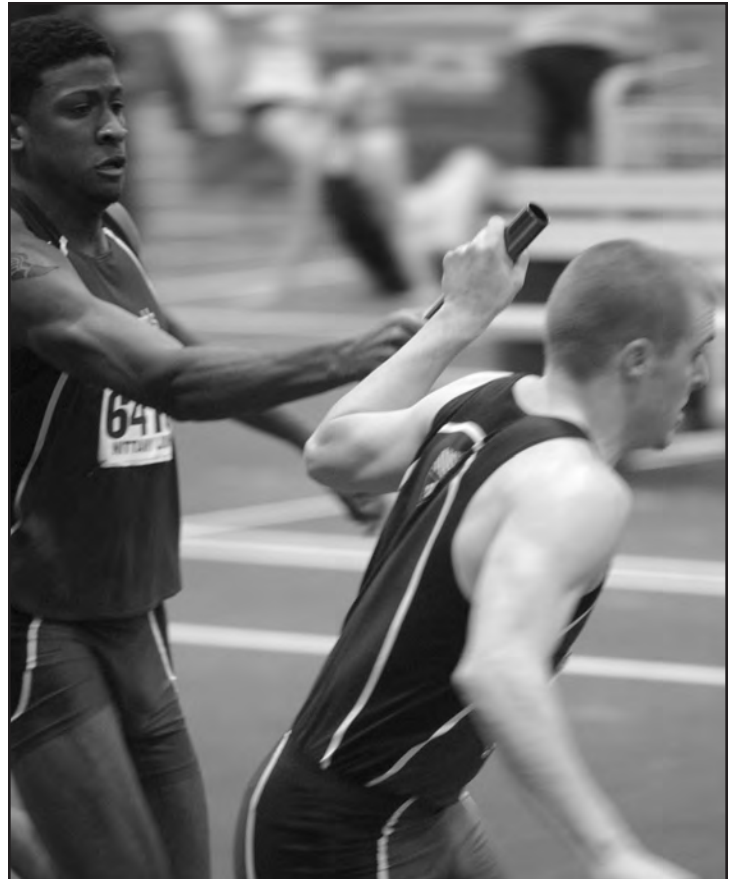
Long distance runner Kyle Murray plied his trade in the 5,000m run for most of the season. Qualifying for IC4As in the 5,000m in a fifth-place performance at PSU National, Murray also qualified in the 3,000m run at the Giegengack Invitational with a time of 8:26.75.

A group of strong freshmen out of the long sprints and middle distance events paced the Hawks in many relays during much of the indoor campaign. Those in the mix were George Arcarola, Ryan Fenimore, Jared Sabre, Brian Guterl, Jesse Brooks and Luke Fischer, all of whom helped on various relays and distances ranging from the 500m dash to the DMR.

At the 2008 A-10 Indoor Championships, the Hawks placed seventh as two relays, the 4x800m and the Distance Medley earned second-team All-Conference honors at the meet. Young, Fischer, Arcarola and Brendan Kearney led the 4x800m while the freshman quartet of Guterl, Brooks, Fenimore and Christopher Lau completed the lineup for the DMR.

At the IC4A Indoor Championships in Boston Young finished just sixth-tenths off from qualifying for the finals in the 1,000m run in a personal best 2:28.30. The 4x800m and the DMR as well as Kyle Murray in the 5,000m all competed in the prestigious race.

SJU looked to expound upon the results in the winter and improve in the spring. After the season-opening event at Monmouth, the Hawks traveled south to the Colonial Relays in Virginia. Murray and fellow distanceman Will Rowland earned all of the SJU points in the 10,000m run with Murray in second and Rowland in fifth. At the meet the 4x800m relay squad bested its indoor time by over four seconds.



Brian Smith (left) and Drew Brandt were regulars in relays during the 2007-08 track seasons.

At the Onesty Invitational, Murray captured the 5K gold while Rowland garnered silver in the 1,500m. A week later the Hawks traveled to Princeton for the Larry Ellis Invitational in one of the final tune-ups for the championship season of the Penn Relays and the Atlantic 10 Championships. Drew Brandt (49.68) broke 50 seconds for the first time all season in the 400m dash while Young put together a solid showing in the 1,500m run.

The Hawks ran to 18th and 19th place showings, respectively in the 4x800m and the DMR at Penn Relays in preparation for A-10s. At A-10s Saint Joseph's garnered eighth place without an All-Conference member. Four fourth-place showings highlighted the day with Steve Philbrook (55.18) in the 400m Hurdles, Young in the 1,500m, Murray in the 5k and the 4x800m relay in a season best 7:37.27.

At the Swarthmore Last Chance Meet Young ran a personal and IC4A-qualifying best of 3:49.90 in the small-sided competition. Murray competed in the 5K at IC4As as did the 4x800m squad, but Will Rowland could not compete in the 10K due to illness.

The 2007-08 track seasons were true stepping stones for the Saint Joseph's men's track programs. The 2008-09 campaigns look to be one of the more promising seasons in recent memory as head coach Mike Glavin and company will add depth to its roster and improved results.

2007-08 TRACK AWARDS

TEAM AWARDS

MOST VALUABLE PLAYER..... Steve Young
SCHOLAR-ATHLETE AWARD..... Brendan Kearney
VASQUEZ AWARD..... Matt Weaver
LEAHY AWARD..... Steve Philbrook

OTHER AWARDS

INDOOR TRACK

All-Atlantic 10-Second Team4x800m Relay
 (Brendan Kearney, Steve Young, Luke Fischer, George Arcarola)
 Distance Medley Relay
 (Brian Guterl, Christopher Lau, Jesse Brooks, Ryan Fenimore)



2007-08 RESULTS

2007 CROSS COUNTRY

Runner	Haverford 3 miles	Ram Invite 5 miles	Spiked Shoe 5.2 miles	Leopard Inv. 5 miles	Atlantic 10 8K	Mid-Atl. Reg. 10K	IC4A Championship 5 miles
Jesse Brooks	19th/17:14	32nd/28:37.8	43rd/29:10	62nd/27:39.0	93rd/28:24	DNR	13th/28:10*
Aidan Byrne	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Vince Collins	21st/17:21	44th/29:54.7	70th/29:52	119th/29:35.5	DNR	DNR	34th/29:11*
Peter Dittmar	8th/16:14	23rd/28:07.2	59th/29:29	DNR	103rd/28:37	DNR	133rd/27:51
Kevin Donnelly	23rd/17:56	45th/30:16.6	103rd/31:56	129th/30:20.4	DNR	DNR	30th/28:57*
Ryan Fenimore	9th/16:17	24th/28:09.1	29th/28:37	53rd/27:28.7	57th/27:25	149th/33:39	DNR
Luke Fischer	16th/16:58	21st/28:02.4	44th/29:12	47th/27:21.4	74th/27:50	DNR	99th/27:05
Brian Guterl	DNR	3rd/26:48.3	20th/27:54	11th/26:14.6	23rd/26:30	77th/32:05	63rd/26:20
Justin Heinze	DNR	28th/28:29.7	72nd/29:56	90th/28:38.2	DNR	DNR	DNR
Jimmy Jennings	4th/16:05	6th/27:05.9	23rd/28:00	DNR	61st/27:32	91st/32:19	93rd/26:55
Brendan Kearney	DNR	8th/27:12.1	39th/29:07	DNR	83rd/28:03	DNR	DNR
Kyle Murray	DNR	2nd/26:13.5	7th/27:02	8th/25:45.0	9th/25:58	32nd/31:16	19th/25:43
Will Rowland	DNR	DNR	DNR	50th/27:25.8	56th/27:24	101st/32:29	138th/28:18
Rich Ryan	DNR	19th/27:56.1	DNR	DNR	DNR	DNR	DNR
Chris Savino	7th/16:13	17th/27:50.2	69th/29:49	40th/27:11.9	112th/28:51	DNR	132nd/27:51
Jonathan Sclafani	DNR	4th/26:51.0	16th/27:45	12th/26:21.9	38th/26:55	70th/31:51	68th/26:23
George Wittmann	6th/16:07	25th/28:13.9	62nd/29:32	79th/28:20.7	DNR	157th/33:59	123rd/27:32
Steve Young	DNR	43rd/29:44.1	61st/29:32	67th/27:45.4	65th/27:38	DNR	76th/26:34

BOLD – Denotes team's top finisher; * – Denotes runner competed in IC4A Coaches' Race

2007-08 INDOOR TRACK

DATE	EVENT	FINISH
12/7	Lafayette Invitational (Easton, Pa.)	No Team Scoring
1/12	Penn State Relays (State College, Pa.)	No Team Scoring
1/18	Ursinus Invitational (Collegeville, Pa.)	5th of 14
1/25-6	Penn State National (State College, Pa.)	No Team Scoring
1/26	Princeton Relays (Princeton, N.J.)	No Team Scoring
2/1-2	Giegengack Invitational (New Haven, Conn.)	No Team Scoring
2/9	Bucknell Winter Classic (Lewisburg, Pa.)	No Team Scoring
2/16	Atlantic 10 Championships (Kingston, R.I.)	7th of 12
2/22	Keogh Invitational (Haverford, Pa.)	No Team Scoring
2/29	NYU Fastrack Invitational (New York, N.Y.)	No Team Scoring
3/8-9	IC4A Championships (Boston, Mass.)	Did Not Score

2007-08 INDOOR SEASON BESTS

EVENT	INDIVIDUAL	RESULT	MEET
55m/60y	Bobby Staten	.6.47	Lafayette
200m	Drew Brandt	.22.79	Giegengack
300m	Christopher Lau	.36.72	Penn State Relays
400m/440y	Jared Sabre	.50.76	NYU Fastrack
500m	Brian Doherty	.1:06.07	Penn State National
800m/880y	Steve Young	.1:55.30	Giegengack
1,000m	Steve Young	.2:28.30	IC4A
Mile	Brian Guterl	.4:17.44	Atlantic 10
3,000m	Kyle Murray	.8:26.75	Giegengack
5,000m	Kyle Murray	.14:39.89	Atlantic 10
4x200m	Drew Brandt, Christopher Lau, Brian Smith, Matt Weaver	.1:39.45	Ursinus
4x400m	Drew Brandt, Bobby Staten, Jared Sabre, Brian Smith	.3:20.32	Penn State Relays
4x800m		.7:48.59	IC4A
4xMile	Kyle Murray, Ryan Fenimore, Jonathan Sclafani, George Wittmann	.17:48.78	Penn State Relays
DMR	Steve Young, Drew Brandt, Brendan Kearney, Brian Guterl	.10:08.59	Penn State National
SMR	Bobby Staten, Brian Smith, Drew Brandt, Jesse Brooks	.3:36.97	Penn State Relays

Bold denotes school record

2008 OUTDOOR TRACK

DATE	EVENT	FINISH
3/29	Monmouth Opener (West Long Branch, N.J.)	2-3 (Duals)
4/4-5	Colonial Relays (Williamsburg, Va.)	18th of 20
4/12	Onesty Invitational (Charlottesville, Va.)	No Team Scoring
4/18-9	Larry Ellis Invitational (Princeton, N.J.)	No Team Scoring
4/24-6	Penn Relays (Philadelphia, Pa.)	No Team Scoring
5/3-4	Atlantic 10 Championships (Amherst, Mass.)	8th of 12
5/13	Swarthmore Last Chance (Swarthmore, Pa.)	No Team Scoring
5/11	IC4A Championships (Princeton, N.J.)	Did Not Score

2008 OUTDOOR SEASON BESTS

EVENT	INDIVIDUAL	RESULT	MEET
200m	Bobby Staten	.22.45	Monmouth
400m	Drew Brandt	.49.10	Atlantic 10
400m Hurdles	Steven Philbrook	.55.18	Atlantic 10
800m	Brendan Kearney	.1:54.26	Atlantic 10
1,500m	Steve Young	.3:49.90	Swarthmore
3,000m Steeple	Jimmy Jennings	.9:40.58	Atlantic 10
5,000m	Kyle Murray	.14:35.50	Atlantic 10
10,000m	Will Rowland	.30:43.93	Atlantic 10
4x100m	Paul Barolette, Drew Brandt, Brian Smith, Bobby Staten	.43.25	Colonial Relays
4x200m	Paul Barolette, Drew Brandt, Brian Smith, Bobby Staten	.1:30.60	Colonial Relays
4x400m	Drew Brandt, Jesse Brooks, Jared Sabre, Brian Smith	.3:21.19	Larry Ellis
4x800m		.7:37.27	Atlantic 10
SMR		.3:36.53	Monmouth
DMR	Steve Young, Drew Brandt, Brendan Kearney, Ryan Fenimore	.10:10.35	Penn Relays

Bold denotes school record

ATLANTIC 10 CONFERENCE



On March 2, 1975, the idea of what is now the Atlantic 10 Conference was conceived. What started as an eight-school, men's basketball-only affiliation has grown into a 14-university, 21-sport league that is universally hailed as one of the best conferences in the country.

That growth and prominence is a direct result of the ideals and commitments of the member institutions of the Atlantic 10—the University of Dayton, Duquesne University, Fordham University, The George Washington University, La Salle University, University of Massachusetts, University of North Carolina at Charlotte, University of Rhode Island, University of Richmond, St. Bonaventure University, Saint Joseph's University, Saint Louis University, Temple University, and Xavier University.

On June 2, 2008, Bernadette V. McGlade was named the fifth full-time commissioner in Conference history, replacing Linda Bruno, who held the position for 13 years. McGlade's experience in collegiate athletics as a student-athlete, coach and administrator spans more than thirty years.

"Bernadette's deep experience with arguably the class-act athletic conference [Atlantic Coast Conference] in the country makes us incredibly excited to be bringing her on board as commissioner of the Atlantic 10 Conference," said Father Michael Graham, Xavier University president and president of the Atlantic 10 Presidents' Council.

The presidents and chancellors of Atlantic 10 institutions have made a strong commitment to making the academic and athletics equation work. Over the years, the league membership has strived to better recognize the academic accomplishments of its student-athletes. The Commissioner's Honor Roll, which cites every

Atlantic 10 student-athlete with a 3.5 grade point average or better, recognized 1,247 student-athletes in the Fall 2007 while 1,106 were named to the Spring 2008 Honor Roll.

The league sponsors Academic All-Conference teams in each of its sports and honors one student-athlete per sport as the A-10 Student-Athlete of the Year. In 2007-08, 192 student-athletes earned Academic All-Conference recognition. Moreover, the Atlantic 10 provides four postgraduate scholarship grants to qualified student-athletes.

The Atlantic 10 Conference had 34 teams among the 712 Division I sports teams honored by the NCAA with public recognition awards for their latest multi-year Academic Progress Rate scores. These teams posted multi-year APR scores in the top 10 percent of all squads in their respective sports. Saint Louis and Xavier led the Atlantic 10 in the number of high-performing squads receiving awards with six teams each. In twenty of the twenty-one sports sponsored by the Atlantic 10, the league's Academic Progress Rates (APR) were at or above the conference average nationally according to the most recent data released by the NCAA.

The Atlantic 10 Conference, with a total population of nearly 74 million people within its geographic footprint of eight states and the District of Columbia, will crown champions in 21 sports this season: baseball, men's and women's basketball, men's and women's cross country, field hockey, men's golf, women's lacrosse, men's and women's indoor and outdoor track & field, women's rowing, men's and women's soccer, softball, men's and women's swimming & diving, men's and women's tennis, and women's volleyball.

Atlantic 10 Conference Staff Directory

Atlantic 10 Conference
230 South Broad Street
Suite 1700
Philadelphia, Pa. 19102
(215) 545-6678
Fax: (215) 545-3342
www.atlantic10.org

Commissioner
Bernadette V. McGlade

Associate Commissioner
Ray Cella

Associate Commissioner
Debbie Richardson

Assistant Commissioner
Celene McGowan

Assistant Commissioner
Meghan Kahn

Director of Communications
Steve Haug

Associate Director of Communications
AnnMarie Person

Assistant Director of Championships
Brad Jones

Assistant Director of Compliance
Kelly Webb

Communications Intern
Ben Rohde

Championships Intern
Pat Halloran



(Above) Mackal Fieldhouse at the University of Rhode Island will serve as host to the 2009 Atlantic 10 Indoor Track & Field Championships.

(Left) The Belk Track & Field Center at Charlotte will see the conclusion of the 2008 Atlantic 10 Cross Country Championships as well as the 2009 Atlantic 10 Outdoor Track & Field Championships.



ATLANTIC 10 RESULTS

ATLANTIC 10 CROSS COUNTRY 2007 FINAL RESULTS (Philadelphia, Pa.)

1. La Salle37
2. Richmond54
3. Massachusetts91
4. Duquesne91
- 5. Saint Joseph's164**
6. Dayton199
7. George Washington210
8. Xavier221
9. Charlotte222
10. Fordham270
11. Temple298
12. Saint Louis310
13. Rhode Island349
14. St. Bonaventure465

HAWK FINISHERS

9. Kyle Murray25:58
23. Brian Guterl26:30
38. Jonathan Sclafani26:55
56. Will Rowland27:24
57. Ryan Fenimore27:25
61. Jimmy Jennings27:32
65. Steve Young27:38
74. Luke Fischer27:50
83. Brendan Kearney28:03
93. Jesse Brooks28:24
103. Pete Dittmar28:37
112. Chris Savino28:51

ATLANTIC 10 INDOOR TRACK 2008 FINAL RESULTS (Kingston, R.I.)

1. Charlotte181
2. Rhode Island156
3. La Salle112
4. Temple87
5. Massachusetts58
6. Fordham53
7. Saint Joseph's40
- 8. Richmond31**
9. Saint Louis15
10. Xavier8

HAWK FINISHERS

- 400m**
10. Drew Brandt51.22
 11. Matt Weaver51.52
 17. Matt Tataro53.65
- 500m**
11. Brian Smith1:06.92
 14. Jared Sabre1:08.41
 15. Steve Philbrook1:08.66
- 800m**
11. Brian Doherty1:59.15
 18. Brendan Kearney ...2:00.30
- 1,000m**
3. Steve Young2:30.26
 5. Luke Fischer2:31.38
- 1 Mile**
5. Brian Guterl4:17.44
 8. Ryan Fenimore4:20.48
- 3,000m**
8. Will Rowland8:42.73
 12. Jonathan Sclafani ..8:48.68
- 5,000m**
3. Kyle Murray14:39.89
 16. Chris Savino15:57.74
 - NP. Justin HeinzeDQ
- Distance Medley Relay**
2. Guterl, Lau, Brooks, Fenimore ..10:21.03
- 4x400m Relay**
7. Weaver, Smith, Sabre, Doherty3:27.36
- 4x800m Relay**
2. Fischer, Arcarola, Kearney, Young7:53.55

ATLANTIC 10 OUTDOOR TRACK 2008 FINAL RESULTS (Amherst, Mass.)

1. Rhode Island224
2. Charlotte206
3. La Salle136
4. UMass62
5. Duquesne56
6. Temple49
7. Fordham37
- 8. Saint Joseph's31**
9. Richmond28
10. Saint Louis15
11. Xavier11

HAWK FINISHERS

- 200m**
14. Matt Weaver23.40
 15. Christopher Lau23.57
- 400m**
5. Drew Brandt49.10
 18. Mike Tataro52.25
- 400m Intermediate Hurdles**
4. Steve Philbrook55.18
- 800m**
10. Brendan Kearney ...1:54.26
 22. Jesse Brooks1:57.21
 30. George Arcarola ...2:00.84
- 1,500m**
4. Steve Young3:54.64
- 3,000m Steeplecase**
13. Jimmy Jennings ...9:40.58
- 5,000m**
4. Kyle Murray14:35.50
 15. Jonathan Sclafani ..15:10.66
 21. Justin Heinze15:43.81
- 10,000m**
5. Will Rowland30:43.93
- 4x100m Relay**
7. Saint Joseph's44.23
- 4x400m Relay**
4. Saint Joseph's3:21.39
- 4x800m Relay**
4. Saint Joseph's7:37.27



Luke Fischer (left) and Jimmy Jennings



The Hawk Will Never Die!

CROSS COUNTRY RECORD BOOK



ACADEMIC ALL-AMERICAN

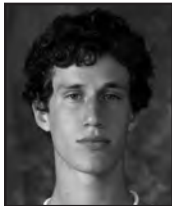
2003 Tim Fisher (3rd)

ACADEMIC ALL-DISTRICT

2003 Tim Fisher (1st)
 2003 Nick Carras (2nd)
 2002 Tim Fisher (2nd)

ATLANTIC 10 STUDENT ATHLETE OF THE YEAR

2003 Tim Fisher (IT)



Tim Fisher

ALL-TIME NCAA QUALIFIERS

2003 Andre Laboy (76th overall)
 2000 Karl Savage (67th overall)
 1992 Mark des Garennes N/A
 1980 Jim Van Blunk (134th overall)
 1977 Mike Glavin (125th overall)
 1976 Mike Glavin (151st overall)
 1969 Joe Brady N/A
 1961 Kevin Quinn N/A
 1956 Team (5th)
 1955 Team (5th)

ACADEMIC ALL-ATLANTIC 10

2007 Matt McClure (IT, OT)
 Teddy Meyers (XC, IT, OT)
 2006 Teddy Meyers (XC, IT, OT)
 Matt Petrocci (IT, OT)
 Andrew Thomas (IT, OT)
 2004 Nick Carras (IT, OT)
 Kile Garguilo (OT)
 Collin Martin (OT)
 2003 Andre Laboy (XC)
 Tim Fisher (IT, OT)
 Nick Carras (IT, OT)
 Doug Rick (IT)
 2002 Tim Fisher (IT, OT)
 Ben Koch (XC, IT, OT)
 2001 Ben Koch (XC, IT, OT)
 2000 Ben Koch (OT)
 1999 Kevin Beck (OT)
 Kris Feeko (OT)
 1997 Todd Nettleton (IT, OT)
 1996 Mark Novis (XC, IT)
 1995 Steve Biggs (IT)
 Rob Yochum (IT)
 1994 Vince Cieslik (XC, IT)
 1993 Anthony Jones (IT)
 1992 Gabe Wilson (XC)
 1991 Matt Cieslik (XC)
 Joe McGinn (XC)
 Kevin Sierka (XC)
 1990 John Chilkotowsky (XC)
 Joe McGinn (XC)
 1986 Frank Kolimago (XC)



Mike Glavin is the only two-time cross country NCAA qualifier in SJU history.

HAWKS AT A-10 CHAMPIONSHIPS

YEAR	CHAMPION	SJU	ALL-CONFERENCE	PLACE
2007	La Salle	5th	Kyle Murray	9th
2006	La Salle	6th	Mike DiDio Teddy Meyers	6th 7th
2005	Duquesne	4th	Teddy Meyers Will Rowland	2nd 15th
2004	La Salle	8th	Joe Mohn	7th
2003	La Salle	2nd	Andre Laboy	1st
2002	La Salle	2nd	Andre Laboy Joe Mohn	3rd 9th
2001	La Salle	2nd	Bill Hoffman Ben Koch Brian Rosetti	5th 7th 8th
2000	Saint Joseph's	1st	Karl Savage Ben Koch Jim Smith Joe Lanci	1st 2nd 5th 7th
1999	La Salle	3rd	None	
1998	Saint Joseph's	1st	John Williams Karl Savage Ross Martinson	1st 2nd 3rd
1997	Virginia Tech	3rd	John Cappiello Ross Martinson	4th 7th
1996	Virginia Tech	2nd	Matt Byrne John Williams	1st 9th
1995	Massachusetts	3rd	Matt Byrne John Cappiello	1st 10th
1994	West Virginia	3rd	None	
1993	West Virginia	2nd	Mark des Garennes Vince Cieslik Matt Byrne	3rd 8th 9th
1992	Saint Joseph's	1st	Mark des Garrenes Gary Morrison Vince Cieslik Brian McCafferty Brian Alling Anthony Jones	3rd 4th 6th 7th 9th 10th
1991	West Virginia	5th	Vince Cieslik	8th
1990	Penn State	2nd	Gary Morrison John Chilkotowsky	2nd 10th
1989	Penn State	4th	None	

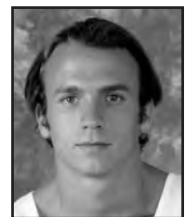
Bold indicates Atlantic 10 Champion



Byrne



Savage



Williams



TRACK RECORD BOOK

SJU INDOOR TRACK RECORDS

EVENT	RECORD HOLDER(S)	TIME/DISTANCE	YEAR
55m	James Scott	6.36	2001
60y	Euclid Gibson, James Scott	6.2	1977, 1999
60m	Bobby Staten	6.84	2007
200m	James Scott	21.42	2001
300y	Ron Manion	31.7	1978
440y	Mike Black	48.2	1973
400m	Andrew Thomas	47.22	2006
500m	Andrew Thomas	1:01.98	2004
600y	Todd Keaveney	1:10.0	1983
800m	Bob Jackson	1:50.39	1994
1,000y	Joe Genter	2:10.24	1979
1,000m	Steve Ave	2:22.2	1986
1,500m	Jim Norris	3:44.6	1984
3,000m	Andre Laboy	8:09.07	2004
Mile	Greg Bloom	4:03.5	1983
Two Mile	Jim Van Blunk	8:51.0	1981
5,000m	Joe Abrams	14:07.3	1984
60y Hurdles	Tom Tarpey	7.2	1972
Mile Relay	Carney, Bierling, Jackson, Conway	3:15.27	1993
4x400m Relay	Carras, Thomas, Koneski, Rick	3:11.60	2004
4x800m Relay	Saint Joseph's	7:29.68	1985
Distance Medley	Dohler, Mahoney, Ave, Norris	9:42.44	1985
High Jump	Ed Lennex	7'2"	1974
Long Jump	Ed Lennex	24'1"	1976
Triple Jump	Ed Lennex	53'3"	1976
Pole Vault	Vince Papale	14'6"	1968
Shot Put	Rory Landreth	54'1"	1970

SJU OUTDOOR TRACK RECORDS

EVENT	RECORD HOLDER(S)	TIME/DISTANCE	YEAR
100m	James Scott	10.56	1999
200m	James Scott	21.29	2000
400m	Ron Manion, Andrew Thomas	46.8	1976, 2005
800m	Andy Craycraft	1:48.83	2002
1,500m	Steve Ave	3:42.14	1986
5,000m	Steve Ave	13:57.7	1986
10,000m	John Crooke	29:43.5	1982
110m hurdles	Greg Floyd	14.21	1985
400m hurdles	Lou Kelly	50.83	1981
3,000m Steeple	Ben Koch	8:53.13	2002
4x100m Relay	Saint Joseph's	41.3	—
4x200m Relay	Saint Joseph's	1:26.8	—
4x400m Relay	Carras, Thomas, Puryear, Rick	3:09.07	2003
4x800m Relay	Craycraft, Smith, B. Rosetti, Puryear	7:25.96	2002
4x1500m Relay	Saint Joseph's	15:20.8	1985
Sprint Medley	Magee, Kant, Polis, Nocito	3:22.93	1998
Distance Medley	Saint Joseph's	9:44.6	1984
Shuttle Hurdles	Saint Joseph's	60.7	1985
High Jump	Mickey Solujich, Steve Trombetta	7' 1/4"	1981, 1991
Long Jump	Ed Lennex	24'10 1/2"	1976
Triple Jump	Ed Lennex	54'7 1/2"	1976
Shot Put	Vince Monkiewicz	55'2"	1968
Discus	Pete Toughill	162'2"	1962
Javelin	Tony DiPastina	214'7"	—
Pole Vault	Dan Callaghan	14'9"	1973

Bold denotes current member

SJU Track Hall of Fame

Member	Inducted
John Kelly	1975
Frank McLaughlin	1975
Kevin Quinn	1975
John Cunningham	1976
Joe McLaughlin	1976
Jim Gavaghan	1976
Joseph Sloan	1977
Jim Tozar	1977
Mike Black	1977
Ed Nichols	1978
Jim O'Donnell	1978
John Lieb	1978
Bob Schuenemann	1979
Vince Papale	1979
Ed Lennex	1979
John Brand	1980
George Bertelsman	1980
Joe Reilly	1981
Fred Maglione	1982
Mike Glavin	1983
Vic Monkiewicz	1984
Ron Manion	1985
Joe Genter	1986
Lou Kelly	1987
Dave Cuneo	1988
Jim Van Blunk	1989
Euclid Gibson	1990
Elaine McGillian Van Blunk	1991
Jim Norris	1992
Greg Bloom	1997
John Crooke	1997
Mickey Solujich	1997
Steve Ave	1998
Karen Delaney Wheeler	1998
Dave Van Dusen	1999
Charles Kelly	1999
Donna Crumety Stewart	1999
Joe Abrams	2000
Diane Rafferty Norris	2000
Kelli O'Donnell Twomey	2001
Lou Nicastro	2001
Steve Trombetta	2001
Jim Baldwin	2002
Vicki Boyer	2002
Chris Green	2002
Bob Hagarty	2002
Ed Mather	2002
Jim Morris	2002
Mike Diorka	2003
Sue Yagielski	2003
Bob Jackson	2004
Lisa Syvertson Shanahan	2004
Meghan Busse	2005
Bob Doman	2005
Greg Floyd	2006
Patrice Gallagher	2006
Stephanie Hopkins Muntzer	2006
Tarik Moody	2006
Karl Savage	2007
Christine Kane O'Connell	2007
Bob Farrell	2007



Coach Kevin Quinn (left) and men's track coach Mike Glavin are members of both the SJU Athletics and Track Halls of Fame.

TRACK RECORD BOOK



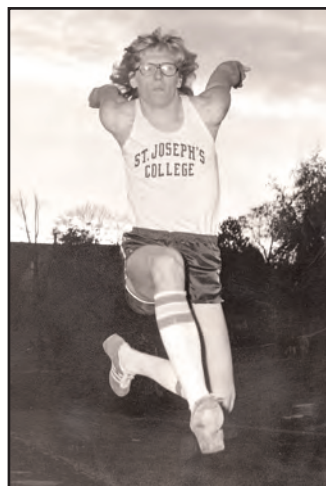
ALL-TIME NCAA QUALIFIERS

INDOOR TRACK

YEAR	NAME	EVENT	PLACE
1971	Fred Maglione	High Jump	—
1971	Tom Tarpey	60 Yard High Hurdles	—
1972	Tom Tarpey	60 Yard High Hurdles	—
1973	Mike Black	440 Yard Dash	7th
1973	Ed Lennex	Triple Jump	—
1974	Ed Lennex	High Jump	—
1975	Ed Lennex	Triple Jump	—
1976	Ed Lennex	Triple Jump	4th
1979	Joe Genther	1,000 Yard Run	—
1984	Jim Norris	1,500 Meter Run	—
1985	Dohler, Mahoney, Ave, Norris	Distance Medley	—
1986	Steve Ave	1,000 Meter Run	—

OUTDOOR TRACK

YEAR	NAME	EVENT	PLACE
1952	Joe McLaughlin	Shot Put	6th
1956	Frank McLaughlin	880 Yard Run	6th
1961	John Lieb	440 Yard Dash	—
1961	Jim Tozar	880 Yard Run	—
1961	Kevin Quinn	Mile Run	—
1970	Fred Maglione	High Jump	—
1973	Ed Lennex	Triple Jump	—
1974	Ed Lennex	Triple Jump	—
1976	Ed Lennex	Triple Jump	3rd
1980	Lou Kelly	400 Yard Int. Hurdles	—
1981	Lou Kelly	400 Yard Int. Hurdles	—
1985	Jim Norris	1,500 Meter Run	—
1986	Steve Ave	1,500 Meter Run	10th



Ed Lennex



Frank McLaughlin

ALL-TIME ATLANTIC 10 TRACK FINISHES

INDOOR TRACK

YEAR	CHAMPION	SJU PLACE	SJU CHAMPIONS	EVENT
2008	Charlotte	7th	None	
2007	Rhode Island	6th	Brendan Kearney	1,000m
2006	Charlotte	4th	Andrew Thomas	.500m
			Matt Petrocci	.800m
			Teddy Meyers	.5,000m
2005	Rhode Island	3rd	Mike DiDio	.1 Mile
			Mike DiDio	.1,000m
2004	Rhode Island	3rd	Andre Laboy	.5,000m
			SJU	.DMR
2003	La Salle	3rd	Doug Rick	.400m
			Andrew Thomas	.500m
			Brian Rosetti	.1 Mile
			Tim Fisher	.5,000m
			SJU	.4x400m
2002	Rhode Island	2nd	James Scott	.200m
			Eric Chekemian	.500m
			Andy Craycraft	.800m
			Brian Rosetti	.1 Mile
			Tim Fisher	.5,000m
			SJU	.4x400m, 4x800m, DMR
2001	Rhode Island	2nd	James Scott	.55m, 200m
			Marc Maccario	.400m
			Andy Craycraft	.800m
			Brian Rosetti	.1000m
			Ben Koch	.5,000m
			Karl Savage	.1 Mile, 3,000m
			SJU	.4x400m, DMR
2000	Virginia Tech	4th	Karl Savage	.1 Mile
			SJU	.DMR
			SJU	.4x400m
1999	Virginia Tech	4th	Karl Savage	.1 Mile, 3000m
			SJU	.4x400m
1998	Virginia Tech	4th	Pat Nocito	.1,000m
			SJU	.DMR
1997	Virginia Tech	5th	None	
1996	La Salle	5th	None	
1995	West Virginia	6th	None	
1994			Canceled due to weather	
1993	West Virginia	3rd	SJU	.4x800m

OUTDOOR TRACK

YEAR	CHAMPION	SJU PLACE	SJU CHAMPIONS	EVENT
2008	Charlotte	8th	None	
2007	Rhode Island	7th	None	
2006	Charlotte	4th	Andrew Thomas	.400m
			Matt Petrocci	.800m
			Mike DiDio	.1,500m
			Teddy Meyers	.5,000m
			SJU	.4x400m
2005	Rhode Island	8th	Doug Rick	.400m
			SJU	.4x400m
2004	Rhode Island	5th	Andrew Thomas	.800m
			Collin Martin	.5,000m
			SJU	.4x400m
2003	Rhode Island	4th	Brian Rosetti	.1,500m
			Jerry Puryear	.400m hurdles
			SJU	.4x400m
2002	Rhode Island	3rd	Marc Maccario	.200m
			Andy Craycraft	.800m
			Ben Koch	.Steeple, 5,000m
			SJU	.4x800m, 4x400m
2001	Rhode Island	3rd	James Scott	.100m, 200m
			Ben Koch	.Steeple
			Karl Savage	.1500m, 5000m
			SJU	.4x400m, 4x800m
2000	Virginia Tech	4th	Karl Savage	.1500m, 5,000m
			SJU	.4x800m, 4x400m
1999	Virginia Tech	4th	SJU	.4x800m
1998	Virginia Tech	5th	Dave Polis	.400m
1997	Virginia Tech	6th	Pat Nocito	.1,500m
			Matt Byrne	.5,000m

Bold indicates current athlete



IC4A TRACK SCORERS

INDOOR TRACK

YEAR	NAME	EVENT	PLACE
1955	Frank McLaughlin	1,000 Yard Run	.4th
1957	Jim Gavaghan	600 Yard Run	.5th
	Jim O'Donnell	1,000 Yard Run	.4th
	—	Mile Relay	.6th
1970	Bob Doman	1,000 Yard Run	.5th
	Fred Maglione	High Jump	.6th
1971	Fred Maglione	High Jump	.4th
1972	Mike Black	440 Yard Dash	.5th
1973	Ed Lennex	Triple Jump	.5th
1974	—	Mile Relay	.4th
	Ed Lennex	High Jump	.1st
1976	Ed Lennex	Triple Jump	.1st
1979	Joe Genthner	1,000 Yard Run	.1st
1980	Dave Cuneo	60 High Hurdles	.6th
	Charles Kelly	1,000 Meter Run	.6th
1982	Jim Norris	1,500 Meter Run	.6th
1983	Greg Bloom	Mile Run	.4th
	Jim Norris	3,000 Meter Run	.6th
1984	Joe Abrams	5,000 Meter Run	.3rd
	Jim Norris	Mile Run	.3rd
1985	Norris, Dohler, Ave, Mahoney	Two Mile Relay	.4th
	Jim Norris	Mile Run	.2nd
1986	—	Two Mile Relay	.5th
	Steve Ave	Mile Run	.3rd
	Chris Green	Triple Jump	.4th
1991	Steve Trombetta	High Jump	.2nd
1992	Bob Jackson	500 Meter Dash	.8th
1993	Chris Southcott	High Jump	.5th
	Bierling, Carney, Jackson, Conway	Mile Relay	.6th
1995	Rob Yochum	1,000 Meter Run	.8th
2000	Shawn Magee	500 Meter Dash	.4th
	James Scott	200 Meter Dash	.5th
	Karl Savage	Mile Run	.8th
2001	B. Rosetti, Lanci, Craycraft, Savage	4x800 Meter Relay	.5th
2001	James Scott	200 Meter Dash	.6th
	James Scott	60 Meter Dash	.7th
	Andy Craycraft	500 Meter	.7th
2002	Andy Craycraft	500 Meter Dash	.1st
	Maccario, McCabe Garguilo, Chekemian	4x800 Meter Relay	.7th
	Eric Chekemian	500 Meter Dash	.8th
	Brian Rosetti	1,000 Meter Run	.9th
2003	Andrew Thomas	500 Meter Run	.4th
	DiDio, Puryear Schmidt, Laboy	Distance Medley Relay	.8th
	Brian Rosetti	Mile Run	.9th
2004	Andre Laboy	3,000 Meter Run	.2nd
	Andrew Thomas	500 Meter Dash	.2nd
	Doug Rick	500 Meter Dash	.4th
	Carras, Thomas, Koneski, Rick	4x400 Meter Relay	.4th
	Anderson, Schmidt, Puryear, DiDio	4x800 Meter Relay	.6th
2005	Andrew Thomas	400 Meter Dash	.3rd
	Doug Rick	500 Meter Dash	.2nd
	Mike DiDio	1,000 Meter Run	.1st
	Rick, Thomas, Petrocci, DiDio	4x800 Meter Relay	.7th

OUTDOOR TRACK

YEAR	NAME	EVENT	PLACE
1950	John Kelly	Two Mile Run	.5th
1953	Joe McLaughlin	Shot Put	.2nd
1955	Ed Mather	880 Yard Run	.4th
1956	Frank McLaughlin	800 Yard Run	—
1957	Bob Farrell	Two Mile Run	.5th
1958	John Brand	Javelin	—
1968	Vic Monkiewicz	Shot Put	.5th
1972	Mike Black	400 Yard Dash	.1st
	Gary Cortina	Discus	.5th
1973	Ed Lennex	High Jump	.4th
	Ed Lennex	Triple Jump	.4th
1974	Mike Black	200 Yard Dash	.3rd
	Ed Lennex	High Jump	.4th
1976	Ron Manion	400 Yard Dash	.5th
	Ed Lennex	Triple Jump	.1st
1977	Ron Manion	400 Yard Dash	.5th
1978	Lou Kelly	400 Meter Int. Hurdles	.6th
1980	Lou Kelly	400 Meter Int. Hurdles	.4th
1981	Lou Kelly	400 Meter Int. Hurdles	.2nd
1983	Todd Keaveney	400 Meter Int. Hurdles	.3rd
1984	Bob Leneweaver	110 High Hurdles	.8th
1986	Steve Ave	1,500 Meters	.4th
	Chris Green	Triple Jump	.4th
1991	Steve Trombetta	High Jump	.5th
1992	Tarik Moody	High Jump	.3rd
1993	Bob Jackson	400 Meter Hurdles	.3rd
	Chris Southcott	High Jump	.6th
	Bierling, Carney, Jackson, Conway	Mile Relay	.7th
1997	Pessoa, Williams, O'Connell, Nocito	4x800 Meter Relay	.5th
1999	Savage, Storch, O'Connell, Tate	4x800 Meter Relay	.4th
2000	James Scott	200 Meter Dash	.5th
	Maccario, McCabe, Magee, Valentine	4x400 Meter Relay	.5th
	Karl Savage	1,500 Meter Run	.6th
2001	Karl Savage	1,500 Meter Run	.6th
	Valentine, Smith, Craycraft, B. Rosetti	4x800 Meter Relay	.2nd
2002	Puryear, Smith, B. Rosetti, Craycraft	4x800 Meter Relay	.1st
	Andrew Craycraft	800 Meter Run	.2nd
	Ben Koch	3,000 Meter Steeplechase	.4th
2003	Jerry Puryear	400m Int. Hurdles	.2nd
	Carras, Thomas, Puryear, Rick	4x400 Meter Relay	.2nd
2003	Anderson, Schmidt, DiDio, B. Rosetti	4x800 Meter Relay	.7th
2004	Andrew Thomas	400 Meter Dash	.4th
2005	Andrew Thomas	400 Meter Dash	.2nd
	Doug Rick	400 Meter Dash	.5th

Bold indicates current athlete

ALL-TIME ROSTER



A

Joe Abrams	1980-84
Paul Aburrow	1968-69
Dick Adams	1958
Bill Addison	1991-95
Lou Adelman	1956-57
William Adolph	1948-50
James Agger	1960
Richard Agnello	1979-82
Don Alderman	1947
Chris Alexander	2004-06
Brian Alling	1990-94
Bob Amphthor	1977-78
Bob Anderson	1984-86
Cliff Anderson	1971-72
Rich Anderson	2001-05
Ryan Anderson	1997-00
Frank Angiolillo	1969-73
Jim Anthony	1976-78
George Arcarola	2007-present
Mark Armstrong	1972-73
Jim Arnold	1997-00
John Aske	1988-90
Rich Atkins	1983-85
John Atkinson	1943
Russ Atkinson	1949-50
Jim Auch	1934
Jim Augustine	1931-32
Steve Ave	1984-87
Jim Ayrer	1953
Scott Azzolina	1979-80

B

Dino Baca	1982-83
Tim Backus	1985-86
Chris Bagley	1987-90
Steve Bailey	1983-84
Jim Baldwin	1956-59
Harrison Ball	1938-39
John Ball	1928
Jim Bannister	1966-68
Jim Barge	1988-91
Barley	1943
Paul Barolette	2007-present
Richard Battaglini	1973-77
Eric Bayles	1991-92
Kevin Beck	1997-00
Gerry Becker	1934
Tom Beine	1967-69
Joseph Belz	1969-71
Bill Benedict	1988-91
Ryan Bennett	2003
Ed Benson	1973-74
Fred Benton	1974-76
Les Bernard	1993-94
Andrew Berta	2002-04
John Bevilacqua	1950
Joe Bieret	2002-06
Jack Bierling	1989-93
Steve Biggs	1992-95
Don Billibgsley	1980-81
Bill Black	1966-69
Mike Black	1971-74
Meredith Blind	1935
Greg Bloom	1979-83
Mel Blount	1976-80
Charles Blumenstein	1971-75
Rob Bock	2007-08

Mike Boczar	1977-78
Bob Bodre	1940
Larry Bolger	1963-66
John Bond	1949-52
Ray Boulogne	1935
Quenton Boyer	2004-06
Mike Bradley	1956-57
Pete Bradley	1976-80
Dave Brady	1985-89
Jim Brady	1989-93
Joe Brady	1969-73
Tom Brady	1991-95
W. Brady	1969-70
John Brand	1955-59
Drew Brandt	2006-present
Mike Branley	1985-86
Buddy Brannon	1953
Bob Brennan	1971-74
Dennis Brennan	1960-62
Ray Brennan	1938-40
Clayton Brenneche	1969-70
Joe Breslin	1953-55
Leo Breslin	1954
Jerry Bridge	1974-75
Richard Brinkman	1967-69
Jim Brogan	1972-74
Jesse Brooks	2007-present
Chris Brouder	1991-92
Jim Broughton	1935-36
Bill Brown	1973-77
Shawn Brown	1979-80
Wally Bruchman	1964-66
Dom Bucciarelli	1982-83
Bob Buckley	1982-84
Hank Bufano	1952
Ed Burgoyne	1932-34
Donald Burke	1969-73
Frank Burns	1973-75
John Buttil	1996-99
Norm Butz	1947
Aidan Byrne	2007-08
Matt Byrne	1993-97
Donald Byrnes	1953-55

C

J.C. Calhoun	1969-71
Dan Callaghan	1972-76
Bob Cameron	1949-51
Stuart Campbell	1934
Joe Cann	1936-39
Jim Cannon	1967-68
John Cappiello	1995-98
Christopher Caranante	2006-07
Jack Carey	1943
Mike Carey	1971
Ed Carney	1955
Tim Carney	1989-93
Tom Carney	1962
Charles Carr	1977-78
Tom Carr	1960-62
William Carroll	1969-73
Doug Carter	1995
Tony Carter	1986-88
Maynard Carty	1975-76
Nick Carras	2000-04
Tom Casey	1935-36
Guy Castranora	1979
Fran Caulfield	1974-78

Aldo Cavalli	1972-76
Joe Cerniglia	1988-91
Eric Chekemian	2001-03
Dan Chesney	1990-91
John Chilkotowsky	1987-91
Matt Cieslik	1989-93
Vince Cieslik	1990-94
Mark Cipolletti	1995
Frank Clark	1980-82
Gerry Clark	1979-83
Mike Clark	1974-78
Dick Coagan	1953
Kevin Colby	1973-77
Ed Coleman	1936
Joe Coll	1985-86
Joe Collins	1938-39
Mark Collins	2002-03
Vince Collins	2007-present
Scott Condello	1998
Al Connelly	1958-60
Frank Connelly	1955
Ross Connelly	1959-61
James Connolly	1955-58
Walt Connolly	1958-60
Bob Convery	1987-89
William Conway	1943
Andre Conway	1990-94
Brian Cooper	1982-83
Al Corcoran	1955
Richard Corcoran	1992-93
Frank Corey	1947-50
John Corey	1952
Joe Corneley	1931-34
Al Corona	1956
Joe Correnti	2001-05
Gary Cortina	1969-72
Nick Costantino	1987-91
Ed Costello	1934
Gerald Costello	1928
John Costigan	1935
Jim Coughlin	1941-42
John Crane	1947
Jim Cranney	1974-78
James Crawford	1959-61
Andy Craycraft	2000-02
John Croft	1997
John Crooke	1979-83
Ken Cropper	1982-84
Bob Crossin	1970-74
Jim Crossin	1968-70
John Crotty	1982-85
Tom Crow	1964-65
Charlie Crowley	1931-32
Thomas Cubbin	1962-64
Rich Cudahy	1985-90
Jack Cullinan	1941-42
Rich Cullin	2000-04
David Cuneo	1977-81
George Cuneo	1975-76
John Cunify	1928
Fran Cunningham	1976-78
John Cunningham	1949-52
Tim Curran	2001-02
Jim Cutcliff	1969-72
Frank Czajkowski	1953

D

Francis Daily	1942
---------------	------

James Daly	1966-68
Andrew D'Amico	1999
George Dart	1986-90
John Davies	1983-87
James Davis	2000
Mark Dearborn	1979-82
Paul Dearie	1935-38
Ken DeCarlo	1956-60
Dick Decker	1949
Jay Deckman	1990-95
Jack Degatis	1947
Bryan Delaney	2004
Gene Delaney	1955-58
Robert DeLaurentis	1960
John DelCollo	1970
Roberto Del Rios	1980-81
Sean Dempsey	1992-93
Tim Denihan	1955
Gene De Paul	1967
Robert DeSimone	1960
Mark des Garennes	1992-93
Joe Dever	1941-42
Tom Dewey	1965
Eric Diahely	1966
Dave DiBernardino	1990-93
Mike DiDio	2002-07
Di lenno	1969-70
Joe Dietz	1956
Tom Dillon	1950
Tom Dineen	1935-37
Mike Diorka	1968-70
Anthony DiPastina	1975-77
Dan DiSanto	1974-76
Pete Dittmar	2006-08
Edward Dodd	1965-68
Brian Doherty	2006-08
Ed Doherty	1953-56
Frank Doherty	1956
Tom Doherty	1954
Art Dohler	1982-86
Tom Dolan	1968
Vince Dolan	1964
Bob Doman	1969-72
Neal Donaldson	1991-92
Jeff Donges	1932
Donnelly	1926
Edward Donnelly	1960
Kevin Donnelly	2007-present
Kenneth Dossar	1965
Jim Dotter	1985-86
Jim Dougherty	1934-36
Kevin Dougherty	1996-97
Ryan Downs	1999-02
Dan Doyle	1979-82
Jim Doyle	1926
Jim Doyle	1988-90
John Doyle	1940
Tom Doyle	1960
Bill Drakely	1935-38
Eric Drakeley	1963-67
Bill Draper	????
Bill Drennan	1972-73
Joe Drennan	1934
Eugene Duchesneau	1951-52
Kevin Dudek	1976-77
John Duffy	1972-76
Tom Duffy	1949-54
Shawn Duffy	2003-07



ALL-TIME ROSTER

Mike Dugan1990-91
 Tom Duggan1979-80
 Kurt Dungan1977-81
 John Dunn1973-77
 James Durkin1967
 Jack Durkin1931-34
 Gene Duscheman1949

E

Francis Earley1942
 David Edgcomb2002-03
 Jim Egan1973-74
 Jim Eirikis1974-78
 Dennis Enderle1977-78
 Norm English1956
 John Ennett1984-85
 Al Erbrich1949-51
 Bill Ezekiel1956

F

Geoff Fahey1999-03
 Scott Fairgrieve1969-71
 Jeremy S. Fallis2003-05
 Tom Fannon1949-51
 Lou Fante1966
 Bernie Farley1934-36
 Jim Farley1983-85
 Bill Farrell1953
 Bob Farrell1956-59
 Kevin Farrell1982-86
 Tom Farrell1969-71
 Joe Fasey1934-36
 Kris Feeko1997-99
 James Feeney1982-86
 Paul Felix1995-98
Ryan Fenimore2007-present
 Vince Feola1987-91
 Junior Fetlow1983-87
 Pete Fickinger1984-88
 James Finore2004
 Tony Fiorentino1979-83
 Leo Fischer1966-67
Like Fischer2007-present
 Patrick Fiscus1965
 Tim Fisher1999-03
 Pat Fissue1966
 Tim Fitzgerald1984-85
 Larry Fitzhenry1982-86
 Dick Fitzpatrick1955
 John Fitzpatrick1951
 Mike Fitzpatrick1972-74
 Joe Fitzsimmons1935
 Vince Flaherty1934
 John Fleming1935
 Buck Flemming1936-38
 Mark Flemming1977-78
 Gregory Floyd1982-85
 Jim Flynn1982-85
 Tom Foley1948-50
 Al Ford1988-92
 Bob Foster1974-78
 Pat Fowler1951
 Jim Frazier1948-49
 Nate Freeman1969-72
 Frank Fudala1995
 Steve Fuller1931-32
 Henry Fulmer1966-68
 Joseph Furey1936

Bill Furey1959-60
 Ed Furey1954-56
 Joe Furia1975-76
 Tony Fusso1953
 Bill Futsey1958

G

Eric Gajdzis1999
 James Gallagher1942
 Paul Gallagher1979-80
 Jack Galster1936
 Steven Gambescia1976-80
 Kile Garguilo2000-04
 Tony Gatto1935-36
 Jim Gavaghan1955-59
 Frank Gavin1947-49
 Mike Gaynor1975-79
 Joe Genther1975-79
 Austin Gerber1937
 Euclid Gibson1974-78
 John Gibson1926-28
 John Gilligan1938-40
 Tom Gilmore1989-91
 David Gingras1973
 Harry Ginsburg1935
 Reuben Gist1969-72
 John Glah1971-76
 James Glah1970-74
 Kevin Glah2000-03
Joseph Glasnovich2007-present
 Gene Glavin1951-53
 Mike Glavin1974-78
 Tom Glenn1950
 P. Golden1943
 Joe Gooley1934
Tom Gonzalez2006-present
 Joe Grannantonio1959
 Adam Granito1986-89
 Chris Green1983-87
 Bob Greer1976-78
 Gary Grieco1975-79
 Joe Grill1960-61
 Chuck Grimes1966-69
 Bill Grogan1943
 Tom Groves1982-83
 Ernie Guldin1977-81
Brian Guterl2007-present

H

Len Hacking1969-72
 Mike Haddon1948
 John Hagan1968-73
 Bob Hagarty1955-58
 Jack Hagarty1935-36
 Chris Hageman1985-89
 John Hageman1984-87
 Corey Haith1989-90
 G. Ron Hangey1966
 Brendan Harkins1988-89
 Jerome Harris2003-04
 Joe Hartman1998-02
 Darrell Hayes1985-87
 Jeff Heath1993
 Gordon Heeke1953-54
 Dave Heenan1993-94
 Steve Hefferan1987-91
 Jon Heidelberg1969-72
 Keith Heigman1976-78

Justin Heinze2005-present
 Bill Hemsley1934
 Mike Hemsley1969-72
 Tom Hennessey1949
 James Henry1926
 Tom Hepgran1955
 Harry Hermeny1935-37
 William Hettel1951-53
 Joe Hevener1979-83
 Al Hewitt1949-50
 Rob Hewitt1999-04
 Henry Hiemeny1936
 Tom Higginbotham1951-54
 Daniel Hilferty1936
 Michael Hinton1971-72
 Bill Hoffman1998-02
 Joe Hoffman1955-56
 William Hooven1969-71
 Sean Hopkins1977-80
 Jim Hopta1986-90
 Zach Houck2004-06
 Michael Howanski2005-07
 Bob Hughes1964
 Tom Hughes1982-85
 Bill Hugues1973-74
 Joe Huver1954-55
 Al Hunt1952-54
 Bill Hunt1977-79
 Dave Hunt1984-88
 Robert Hurley1960
 Matt Hutchinson1971-74
 Joe Huver1953
 Vincent Hyatt1975-79
 Bob Hyle1955
 John Hynes1955

I

Dave Iremonger1973-76

J

Bob Jackson1991-95
 Len Jakubezek1955
 Bill James1998-02
 Mike James1962-64
 Jeff Jengo2002-06

Jimmy Jennings2006-present
 Dave Jenson1982-84
 Robert Jerai1970-71
 Jerry Johansson1982-85
 Bruce Johnson1969-72
 Ken Johnson1982-86
 Chris Johnston1982-86
 Kevin Johnston1969-73
 Anthony Jones1989-93
 Leigh Jones1979-80
 Stan Jones1952
 Rich Joseph1971-72

K

Andy Kalen1926
 Mike Kane1951-54
 Rich Kaniewski1962-64
 Christian Kant1995-98
 Jim Kase1954
 George Kasinkas1977-81
 Tom Katan2005-06
 Fred Kauffman1931-35
Brendan Kearney2005-present
 Todd Keaveney1982-85
 Steve Keen1983-84
 Joe Kelley1950
 John Kelley1947-50
 Charles Kelly1979-84
 Dave Kelly1969-71
 Edward Kelly1966-69
 Lou Kelly1977-81
 Wally Kempczynski1951-53
 Vince Kempton1960
 Pat Kennelly1986-87
 Joe Kenney1947
 Chris Kessler2003-06
 Joe Kilgariff1934-35
 Tim Killion1987-90
 Ed Kincade1971-74
 Brian Kincaid1979-80
 Rich Kirchner1971-74
 Chuck Kittredge1987-93
 Stephen Kittredge1983-88
 Delmar Knauer1969-70
 Bill Knox1982-86



The 2007 cross country squad at the Leopard Invitational.

ALL-TIME ROSTER



Colin Knox1993-94
 Shane Kimmons2003-04
 Ben Koch1998-02
 Francis Kolimago1983-87
 Thomas Kolimago1983-87
 Chris Koneski2000-04
 Steve Kratsinger1955-56
 Conrad Krause1951-54
 Jack Krenlen1943
 Tom Kuehn1999
 Gene Krueger1959-61
 Tony Kubicek1978-79
 Joe Kutys1967-69

L

Andre Laboy2002-05
 Tom Lallen1940
 Jack Lalley1931-34
 Frank Lammer1928
 Joe Lanci1998-00
 Rory Landreth1968-71
 Jeff Lane1977-81
 Herb Lapp1968-69
 Mark Lasrich1972-73
Christopher Lau2007-present
 Kyle Laudadio2002-06
 Paul Leary1979-82
 Vince Lee1973-74
 Robert Leneweaver1982-86
 Ed Lennex1972-76
 Ed Leva1950-51
 Matt Lewis1999-03
 John Lieb1960-62
 Larry Livingston1978-80
 Steve Lojewski1982-83
 Jeff Long1987-91
 Nick Loreto1999
 Brian Lyman1977-78
 Art Lynch1963-64
 John Lynch1956-60
 Bill Lyons1973-77
 Dave Lyons1943,1948
 Steve Lyons1972-76

M

Marc Maccario1998-02
 William MacMurtrie1938-40
 Dave MacNamara1943
 Dick MacPherson1951-52
 Don MacPherson1955
 Bob Madden1962-64
 Shawn Magee1997-00
 Fred Maglione1969-71
 Dan Maguire1968-69
 Louis Maguire1961-63
 Jim Maher1934-35
 John Maher1943
 Fred Mahler1950-51
 Bryan Mahon1996-99
 Steven Mahoney1982-85
 Joe Malinowski1980-81
 Tim Malloy1972-73
 Bob Maloney1947-49
 Doug Mangini1979-80
 John Maniglia1972-76
 Frank Manion1951-54
 Joe Manion1953
 Ron Manion1973-78

Tom Manion1953
 Vic Mankiewicz1966
 Chuck Mannix1977-80
 Joseph Marasciullo1970-72
 Mike Marchesani1959-61
 Mike Marchesani2001-02
 Charles Marcinkiewicz1967-69
 Joe Margre1988-90
 Mark Mariano1982-83
 Ray Marini1953-54
 Tom Markey1972-74
 Brian Markley1983-84
 Jack Marko1969-72
 Enrique Marti1986-90
 Collin Martin2001-05
 Joe Martin1951-53
 Daniel Martinez1971-74
 Bryon Martinsen1979-83
 Ross Martinson1996-99
 Dave Masse2002-06
 Ed Mather1954
 Walter Matteussi1941-42
 Richard Matts1982-85
 Walt Matucci1940
 Jack Max1943
 Dan Mays1999-02
 Kean McAdam1975-79
 Jim McAlpin1955-57
 John McAndrew1942
 Sean McAneny2001-03
 Joe McAndrews1960-62
 Mike McCabe1998-02
 Tom McCabe1943
 Brian McCafferty1992-95
 Jim McCaffrey1973-75
 Tom McCaffrey1947-49
 Jack McCalla1936
 Gregory McCarthy1969-73
 John McCarthy1956-58
 Justin McCarthy2005-06
 Kevin McCarthy1972-76
 Matt McCloskey1989-93
 Phil McCloskey1951-54
 Matt McClure2004-07
 Vincent McCorkle1970-71
 Jon McCormack1991-95
 Curtis McCray1986-90
 Jim McCready1955
 Rich McCreary1955-56
 Pat McCrystal1983-85
Jimmy McCue2007-present
 Kevin McCullen1963-64
 Jim McDade1952-55
 Paul McDermitt1947-50
 Bill McDermott1932
 Jesse McDonald1999-00
 Jim McDonald1960-62
 Ed McElDrify1941-43
 Joe McFadden1949-51
 Joe McFalls1940-41
 J.A. McFalls, Jr1965-67
 Dan McGarry1935-36
 Patrick McGinley1989-90
 Bill McGinn1951-55
 Bill McGinn1992
 Joe McGinn1988-92
 Joe McGinn1958-59
 Ronald McGinn1979-83

Joe McGinnis1936
 Tom McGlane1947-48
 Ed McGlinn1947-48
 Gerry McGlenn1947-48
 Bill McGlone1935
 Chris McGoldrick1992-94
 Ken McGrath1947
 Mike McGroerty1970
 Jack McHinney1955-56
 Manus McHugh1956
 Colin McHugh1998
 Terry McHugh1955-58
 Gerald McKeegan1971-75
 Jim McKenna1949-50
 John McKenna1947
 Bud McKeown1943
 George McKernan1947-49
 McKinney1936
 Bill McLain1934-36
 McLaughlin1969-70
 Bob McLaughlin1955
 Joseph McLaughlin1951-53
 Frank McLaughlin1952-56
 Bob McMahan1954-56
 Joe McManus1955-57
 Mike McMonagle1972-76
 Pat McMorrow1982-86
 John McNamara1956
 Charles McNulty1975-78
 Don McNulty1956
 John McNulty1970-72
 Steve McNulty1972-76
 Joseph McQuillan1960-64
 Charles McShea1964
 Paul McSorley1949-51
 Dan Mee1975-79
 Jack Mehan1934-36
 Tom Melcher1942-43
 Tom Merchel1985-89
 Jim Merz1982-83
 Robbie Meyer2003-06
 Teddy Meyers2003-07
 Bob Mickalites1971-73
 Mike Miles1998-02
 Andrew Miller2001-02
 Bill Miller1960-63
 Chuck Miller1971
 Brian Mincy1984-88
 John Mitchell1949-51
 Stephen Moffit1980-84
 Joe Mohn2002-06
 Vic Monkiewicz1967-68
 Monty Montague1932
 Tarik Moody1990-94
 Adolph Morales1976-77
 Bob Morgan1954-57
 Marty Morgan1960-63
 Frank Morris1947
 Jim Morris1955-59
 Tom Morrissey1941
 Gary Morrison1988-93
 Ed Mother1954-57
 Jim Mugford1963-65
 Owen Mulhern1934
 Jim Mullen1955-56
 Mike Mullen1982-83
 Frank Mulligan1956
 Charles Murphy1963-66

Jim Murphy1950-51
 Jim Murphy1958
 Christopher Murray1985-89
Kyle Murray2006-present
 Bill Myers1950
 Edward Myers1968-70
 Bart Myler1958

N

George Nash1934-35
 Tony Natale1970-74
 Fran Naughlan1943
 Kareem Neal1997
 Henry Nealing1955-56
 Todd Nettleton1995-97
 Charlie Newland1978-79
 Mark Nicastro1982-83
 Ed Nicholas1940-42
 Basil Nichols1934-35
 Julian Nichols1932
 Mike Nickodem1974-75
 Pat Nocito1995-98
 Joe Noone1934-37
 Jim Norris1982-85
 Kevin Norton1991-95
 Mark Novis1992-95
 Andrew Nowlan1997

O

Joe Oakes1926
 Joe Oakes1935-38
 Brian O'Byrne1971-72
 Bernie O'Connell1947-48
 Bill O'Connell1950-51
 Gerry O'Connell1960-63
 Jerome O'Connell1961-64
 Terry O'Connell2001-04
 Tom O'Connell1997-00
 Pat O'Connor1978-79
 James O'Donnell1955-58
 John O'Donnell1947-48
 Kevin O'Hara1983-84
 Tim O'Keefe1977-78
 Dick Ollman1971-75
 Tom O'Malley1953-56
 Bob O'Neill1947
 Brian O'Neill2003-07
 Frank O'Neill1962-64
 R. O'Neill1943
 Bob Orem1984-88
 Joe Orlando1972-76
 Frank Osborne1992-95
 Kevin O'Sullivan1977-78
 Bill Ott1986-89
 Joe Owens1952-55

P

Bob Paden1992-95
 Mike Pagano1988-89
 Trevor Palmer1977-78
 Ryan Pambianchi2001-03
 John Panente1978-79
 Vincent Papale1966-68
 Louis Pastore1998-99
 Phil Pessoa1995-97-98
 Mike Petracco1978-80
 Bob Petril1959-61
 Matt Petrocci2002-06



ALL-TIME ROSTER

Bob Pettit1951-53
Steven Philbrook**2006-present**
 Jim Phillips1985-89
 Mike Pierson1978-82
 Mark Plemming1978-79
 Ben Podurgiel1955-56
 Dave Polis1997-00
 Jim Polinsky1997
 John Ponente1977-81
 Sam Porcelli1953-54
 Al Potts1949
 Klaus Praesent, Jr1960-62
 Mike Previti1993-97
 Charles Price1969-71
 John Price1973-74
 Mike Prindaville1965-67
 Steve Probert1969-71
 Przewoznik1936
 Bernie Pufahl1935
 Jerry Puryear1999-04

Q

Dave Quillen1982-83
 Chris Quinn1991-92
 Francis Quinn1965-70
 Kevin Quinn1960-62

R

Bernie Radomski1985-89
 Nick Rafferty1934-36
 Melvin Raymond1995-98
 Bob Readinger1943
 Matt Reddington1953-54
 Jim Redditt1943
 Jim Redditt1973-74
 Harry Reed1934
 Joseph Reilly1960-63
 Joe Reinhardt1967
 Joe Reinhart1974-76
 Bob Reusche1974-77
 Jack Reynolds1948
 Jim Reynolds1977-78
 Doug Rick2001-05
 Joe Ridgway1970
 Tom Ridgway1965-68
 Howard Riley1934-36
 Tom Riley1934-37
 Tom Riley1960
 Christopher Ring1984-88
 Joe Rivelley1962
 Titi Lakeru Rivers1988
 Skip Robbins1980-81
 Jim Rodden1948-50
 James Ronga1970
 Ronald Rook1960
 Chris Rooney1932
 Gerald Rooney1948-50
 Brian Rosetti1998-03
 Greg Rosetti2000-04
 Ron Roskowski1971-74
 Charles Rowland1976-80
 Jim Rowland1979-83
Will Rowland**2004-present**
 Joe Ruchala1955
 Jim Rush1980-83
 Ryan1969-70
 Doug Ryan1961-62
 Rich Ryan2004-08

S

Marc Sabo1996-99
 William Saborsky1967
Jared Sabre**2007-present**
 Tom Sadowski1973-74
 Joe Sakson1943
 Donald Salmon1972-76
 Dennis Salter1979-83
 Ted Sanchious1986-91
 H. Sandberg1943
 Karl Savage1998-00
Chris Savino**2006-present**
 Paul Saxton1968
 Phil Saxton1978-79
 Brian Scanlon1973-74
 Dick Scanlon1956-58
 Brad Schmidt2001-06
 Bill Scholz1975-76
 Joseph Schramm1969-73
 Bob Schuenemann1947-49
 Bob Schulz1990-94
 John Schwab1934
 Bob Schwartz1951-53
Jonathan Sclafani ...**2006-present**
 James Scott1998-02
 Ed Scullin1936-39
 Bill Seavey1943
 Bill Shade1967
 Paul Sharp1983-84
 Tim Shay1977-78
 Frank Sheats1982-83
 Joe Sheedy1934
 Bill Sheridan1963-64
 Matt Sherlock2002-03
 Bill Sherwin1966
 John Sherwin1936-37
 Jack Shevlin1969-71
 Joe Shields1964-66
 John Shields1975-78
 Jim Shields1956-59
 Tom Schoenig1984-85
 Van Showell1982-85
 Eric Sierka1985-89
 Kevin Sierka1988-92
 Bernard Skeete1991-92
 Ron Skotleski2003-05
 Bill Slezak1934
 Joe Sloan1956-58
Brian Smith**2007-present**
 Dan Smith1993-97
 Ed Smith1931
 Jim Smith1998-02
 Joe Smith1997
 Ken Smith1955
 Rodney Smith1984-88
 Gene Sniklane1978-79
 John Soggs1985-86
 Mickey Solujich1979-83
 Chris Southcott1991-95
 Bob Speck1932
 Gene Spillane1976-80
 Kevin Sproge1993-94
Bobby Staten**2004-present**
 George Steinhoff1988-90
 Steve Stewart1992-94
 Jim Still1972-76
 Ed Stobeneau1951
 Jeff Storch1998-02

Tom Stout1947
 Bob Strathon1947-48
 Tom Stubblebine1963-66
 Bill Stuhlman1974-75
 Vincent Stumpo1977-81
 Bruce Sugden1972-76
 John Sullivan1956
 Bill Super1984-89
 Duffy Swantek1997-99
 Reggie Sydnor1968
 Walt Szmidt1949-51

T

Charles Takita1982-83
 Tom Tarpey1969-72
 Mike Tataro2003-08
 Jim Tate1997-00
 Charlie Tempko1951-54
 Leon Tessler1935
 Richard Thoden1951-54
 Andrew Thomas2002-06
 Jim Thomas1965-68
 Hal Thomas1949-50
 Paul Thomas1979-83
 Chris Thompkins1990-92
 Kenneth Thomson1969-70
 Joseph Thorpe1996
 Hal Thorsen1956-60
 Rob Tice1993-94
 Ray Tighe1931-32
 Mark Tobias1980-81
 Joseph Tomczuk1970-74
 Samuel Torchia1960
 Pete Toughill1959-62
 James Tozar1960-63
 Dennis Trimbur1973-74
 Steve Trombetta1988-93
 Gene Tucker1934
 Vince Twomey1982-86
 Tom Tyner1950

U

Kevin Ulfier1976-80
 Ed Ulmer1962-64

V

Geoff Valentine1998-00
 Joe Valley1966-69
 Jim Van Blunk1977-82
 David Van Dusen1966-67
 Andrew Vandegrift2002-05
 Randy Vanderhoof1976-80
 Richard Vassallo1960-63
 Greg Voetsch1997

W

Dennis Waldron1973-74
 John Waldron1934
 John Waldron1969-73
 Wallace1964
 Jack Walsh1974-78
 Joe Walsh1951-53
 Kevin Walsh1985-86
 Tim Walsh2001-02
 John Watzke1955
 Matthew Weaver2004-08
 Francis Wellock1982-86
 Richard Welsh1960-62

Matt Weng1999-00
 Norwood Wentworth1972-73
 Joe Wesner1948
 Harry Whalen1936
 Jim Wharton1974-78
 John Wheeler1988
 Steve Whelan1960-62
 Tom Whitaker1991-92
 Tom Wickens1976-77
 Michael Willert1974-78
 John Williams1996-99
 Bob Williamson1935
 Bob Wilsbach1943
 Wilson1969-71
 Carl Wilson1935
 Gabe Wilson1988-93
 Joe Witiw2003-07
George Wittmann**2006-present**
 Pete Wolniewicz1953
 Mark Wykle1986-90
 Mike Wynne1962-64

Y

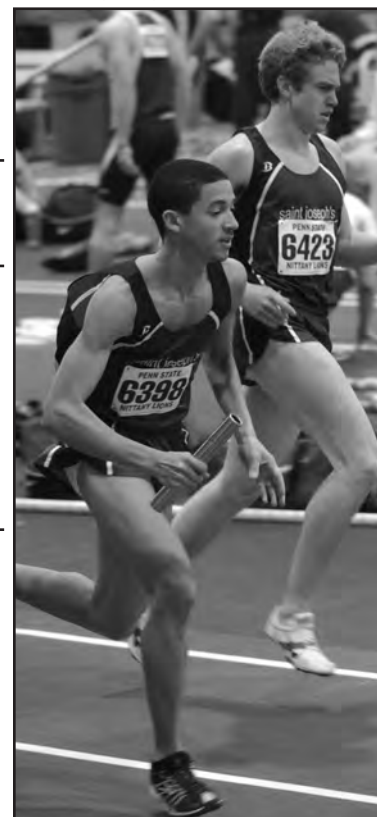
Craig Yambor1986-87
 Rob Yochum1992-95
 Fred Young1935
 Mark Young1985-86
Steve Young**2005-present**

Z

Joe Zebro1964

BOLD indicates current athletes

*Roster includes letterwinners who competed prior to the 2008-09 season



Jesse Brooks (left) and Steve Young

ADMINISTRATION



Timothy R. Lannon, S. J.
University President



Dr. Cary Anderson
Vice President for Student Life



Don DiJulia
Associate Vice President
Athletic Director

ATHLETIC DIRECTORY

Associate Vice President/Athletic Director.....	Don DiJulia
.....	610-660-1707
Assistant Vice President/Athletic Business Affairs	Jim Brown
.....	610-660-1726
Associate Athletic Director/Facilities	Al Pendleton
.....	610-660-3292
Associate Athletic Director/Varsity Programs	Ellen Ryan
.....	610-660-1714
Associate AD/Marketing/Corporate Partnerships	Tim Curran
.....	610-660-1702
Assistant AD/Recreation & Intramurals	Corey Shannon
.....	610-660-3052
Executive Director of Athletic Development	Katie Shields
.....	610-660-1231
Director of Compliance	Renie Shields
.....	610-660-2584
Director of Academic Services	Janet Greder
.....	610-660-1728
Director of Sports Medicine	Lori Rafferty
.....	610-660-1699
Equipment Manager	Joe DeLacy
.....	610-660-1720
Assistant Athletic Director/Communications	Marie Wozniak
.....	610-660-1727
Athletic Comm. Asst. (XC & Track Contact)	Jeremy S. Fallis
.....	610-660-2601
Athletic Office Phone	610-660-1707
Athletic Office Fax	610-660-1716

SAINT JOSEPH'S UNIVERSITY ATHLETICS MISSION STATEMENT



The Mission of the Athletics Department at Saint Joseph's University reflects the Mission of the University by using the programs within Athletics as a way to develop the whole person and preparing men and women for others.

- To educate the whole person by complementing the academic experience with athletic and recreational programs and activities outside the classroom.
- To create an environment for personal growth through openness, respect, and a concern for others.
- To communicate the value of community and family through team work and sportsmanship.
- To provide opportunities for students to learn self-discipline, responsibility, decision-making, and attainment of goals.
- To provide opportunities for students to participate and compete in a first-class manner.
- To provide equitable opportunities for all students and staff, including women and minorities.
- To advance the University regionally and nationally through intercollegiate athletics.

DIRECTIONS TO CAMPUS

From the North: N.J. Turnpike to Exit 6 (Pa. Turnpike connector). Follow Pa. Turnpike to Exit 326 (Rte. 476). Follow 476 South to Rte. 76 East, towards Philadelphia. Follow Rte. 76 East to exit 339 (Rte. 1, City Avenue). Follow two miles to SJU.

From the East: Take either the Ben Franklin Bridge (via Rte. 676) or the Walt Whitman Bridge; Follow Rte. 76 West to Exit 339 (Rte. 1, City Avenue). Follow two miles to SJU.

From the South: I-95 North to 476 North. Follow 476 North to Exit 5 (Rte. 1). Follow Rte. 1 North to SJU, approximately 10 miles.

From the West: Pa. Turnpike to Exit 326 (Valley Forge). Follow Rte. 76 East, toward Philadelphia, to Exit 339 (Rte. 1, City Avenue). Follow two miles to SJU.

From the Airport: I-95 North to Rte. 291 West to Rte. 76 West towards Valley Forge. Follow Rte. 76 West to Exit 339 (Rte. 1, City Avenue). Follow two miles to SJU.



SAINT JOSEPH'S UNIVERSITY

Founded in 1851, Saint Joseph's is an independent, Catholic, Jesuit university teaching disciplined reasoning, effective communication and a love of learning. From Willings Alley in Old City Philadelphia to Stiles Street in North Philadelphia to its current location on City Avenue, Saint Joseph's has continued to grow and change with the times. The University combines the Jesuit tradition of academic excellence, a history of service and an ideal campus location to produce successful students who seek to make a good world even better.

Full-time, undergraduate day enrollment is approximately 4,515. Graduate, evening and executive programs push total enrollment to more than 7,400.

THE JESUIT TRADITION OF ACADEMIC EXCELLENCE

Saint Joseph's nationally recognized academic reputation is confirmed by ongoing acknowledgment in Barron's, U.S. News & World Report and Peterson's. The Jesuit tradition of intellectual inquiry and personal concern manifests itself in small, challenging classes taught by a caring faculty. Graduate assistants do not teach, so undergraduates can be sure they are receiving the very best educational experience. One-on-one interaction between students and faculty is a reality at Saint Joseph's.

A solid liberal arts curriculum provides across-the-board learning for every student. Supporting that curriculum are comprehensive academic majors and learning facilities. The result is a broad education which prepares students not only for employment and graduate school, but for life itself.

In the fall of 1998, SJU opened the \$25 million Owen A. Mandeville Hall, which houses the Erivan K. Haub School of Business, the Center for Food Marketing and the region's first "Teletorium" and "Moot Boardrooms." An 87,000-square-foot international academic center featuring state-of-the-art distance learning technology, it is located near the corner of 54th Street and City Avenue.

A HISTORY OF SERVICE

The students of Saint Joseph's University are dedicated to making today's world even better. A natural spirit of volunteerism has enabled the University's community service programs to become the most popular extracurricular activities on campus. In addition, a Service Learning program allows students to receive academic credit for their work outside the classroom.

SJU offers local, national, and international opportunities for student service. From parts of Philadelphia to New Jersey; from Tijuana, Mexico, to the Appalachian Mountains; and from Ecuador to Tanzania, Saint Joseph's students embrace the



Jesuit mission of serving those in need. The Thanksgiving Dinner Dance for area senior citizens and the Hand-in-Hand Festival for the handicapped are two annual student-run events which draw thousands of special visitors to campus for fun and friendship.

IDEAL CAMPUS LOCATION

SJU's City Avenue location combines the best of dynamic Philadelphia with the suburban, residential setting of the elegant Main Line. Saint Joseph's 65 acres span two counties, allowing students literally to enjoy the best of both worlds. The city of Philadelphia, with its tremendous wealth of historical, cultural, social and athletic attractions, is easily accessible, while the safety, serenity and greenery of a suburban campus are right at hand.

The friendly atmosphere and close-knit campus ensure that students don't get lost in either the literal or the figurative sense at Saint Joseph's. Expanded library, computer and athletic facilities add a big-time "feel" to this growing university.

SUCCESSFUL STUDENTS

Men and women leave Saint Joseph's prepared. The University boasts an excellent record of placing its graduates in first-time jobs, professional schools and other advanced degree programs. Part-time work and internships provide real-world experiences, the kind which delight future employers. And with its many diverse student organizations, SJU offers ample opportunities to assume leadership positions.

An extensive on-campus recruitment program provides graduates with a head start in their employment search. Regular meetings with faculty advisors, along with advisory programs in the health professions and in pre-law, assist students who wish to further their schooling.

PHILADELPHIA

SJU's Philadelphia location gives students access to two worlds. The campus resembles a

park, surrounded by the stately homes of Philadelphia's historic Main Line suburbs. Yet students have access to the cultural, commercial and recreational activities of downtown Philadelphia - only a short ride away.

SJU's Philadelphia location gives students access to two worlds. The campus resembles a park, surrounded by the stately homes of Philadelphia's historic Main Line suburbs. Center City's cultural, commercial, and recreational activities are only a short ride away. SJU students take frequent advantage of the artistic and cultural resources Philadelphia offers - the Philadelphia Museum of Art, the Franklin Institute Science Museum, and the new Kimmel Center, to name a few. In addition to rooting for their beloved Hawks, SJU students can be found cheering on the eight professional sports teams in the city, particularly the Eagles, Flyers, Phillies and 76ers.

